




























Long Beach, Inner Harbor, CA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:44	2.9	6:04	5.4	12:38	0.7	11:13 AM	2.0	5:46	8:07	
2	Thu	8:07	3.1	6:49	5.5	1:37	0.2	12:10	2.3	5:46	8:07	
3	Fri	9:04	3.2	7:31	5.6	2:24	-0.2	1:03	2.5	5:46	8:07	
4	Sat	9:46	3.4	8:08	5.7	3:03	-0.4	1:48	2.5	5:47	8:07	
5	Sun	10:18	3.5	8:44	5.8	3:38	-0.6	2:28	2.5	5:47	8:07	
6	Mon	10:46	3.5	9:17	5.8	4:10	-0.6	3:03	2.4	5:48	8:06	
7	Tue	11:14	3.6	9:50	5.7	4:40	-0.6	3:38	2.3	5:48	8:06	
8	Wed	11:41	3.7	10:22	5.6	5:09	-0.5	4:13	2.3	5:49	8:06	
9	Thu			12:10	3.8	5:38	-0.4	4:50	2.3	5:50	8:06	
10	Fri			12:40	3.8	6:06	-0.2	5:31	2.3	5:50	8:05	
11	Sat			1:11	4.0	6:33	0.1	6:19	2.3	5:51	8:05	
12	Sun	12:03	4.5	1:44	4.1	7:00	0.5	7:17	2.3	5:51	8:05	
13	Mon	12:45	4.0	2:21	4.3	7:28	0.9	8:32	2.2	5:52	8:04	
14	Tue	1:43	3.3	3:04	4.5	7:58	1.3	10:06	1.8	5:52	8:04	
15	Wed	3:17	2.8	3:54	4.8	8:36	1.8	11:37	1.3	5:53	8:04	
16	Thu	5:35	2.6	4:51	5.2	9:31	2.2			5:54	8:03	
17	Fri	7:21	2.8	5:49	5.6	12:45	0.6	10:48 AM	2.4	5:54	8:03	
18	Sat	8:21	3.1	6:45	6.1	1:38	-0.2	12:07	2.5	5:55	8:02	
19	Sun	9:03	3.5	7:38	6.5	2:24	-0.8	1:12	2.3	5:56	8:02	
20	Mon	9:41	3.8	8:29	6.9	3:08	-1.3	2:10	2.1	5:56	8:01	
21	Tue	10:18	4.0	9:18	7.0	3:49	-1.5	3:03	1.8	5:57	8:01	
22	Wed	10:56	4.3	10:06	6.8	4:30	-1.6	3:56	1.6	5:58	8:00	
23	Thu	11:34	4.6	10:54	6.4	5:09	-1.4	4:49	1.4	5:58	7:59	
24	Fri			12:13	4.8	5:48	-1.0	5:45	1.3	5:59	7:59	
25	Sat			12:55	4.9	6:25	-0.4	6:46	1.3	6:00	7:58	
26	Sun	12:36	4.9	1:39	5.0	7:03	0.3	7:56	1.4	6:00	7:57	
27	Mon	1:37	4.0	2:27	5.0	7:40	1.0	9:20	1.3	6:01	7:57	
28	Tue	2:59	3.2	3:23	5.0	8:21	1.7	10:56	1.1	6:02	7:56	
29	Wed	5:05	2.8	4:26	5.0	9:12	2.3			6:02	7:55	
30	Thu	7:18	3.0	5:32	5.1	12:22	0.7	10:32 AM	2.7	6:03	7:54	
31	Fri	8:27	3.2	6:30	5.2	1:24	0.3	12:00	2.8	6:04	7:54	