







Long Beach, Inner Harbor, CA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:46	4.1	3:44	4.2	8:40	0.7	9:50	2.2	5:46	8:07	
2	Wed	2:55	3.4	4:28	4.4	9:18	1.2	11:21	1.9	5:46	8:07	
3	Thu	4:31	2.9	5:10	4.6	9:58	1.7			5:47	8:07	
4	Fri	6:23	2.7	5:49	4.8	12:34	1.3	10:43 AM	2.1	5:47	8:07	
5	Sat	7:54	2.8	6:27	5.0	1:27	0.8	11:33 AM	2.4	5:48	8:07	
6	Sun	8:53	3.0	7:05	5.3	2:09	0.4	12:24	2.6	5:48	8:06	
7	Mon	9:33	3.2	7:42	5.5	2:46	0.0	1:12	2.7	5:49	8:06	
8	Tue	10:05	3.3	8:19	5.7	3:20	-0.4	1:55	2.6	5:49	8:06	
9	Wed	10:34	3.4	8:55	5.9	3:53	-0.6	2:35	2.5	5:50	8:06	
10	Thu	11:04	3.5	9:31	6.1	4:26	-0.8	3:13	2.4	5:50	8:05	
11	Fri	11:35	3.6	10:08	6.1	4:59	-0.9	3:53	2.4	5:51	8:05	
12	Sat			12:07	3.7	5:32	-0.8	4:36	2.3	5:51	8:05	
13	Sun			12:41	3.9	6:05	-0.7	5:25	2.2	5:52	8:04	
14	Mon			1:17	4.1	6:39	-0.4	6:21	2.2	5:53	8:04	
15	Tue	12:13	5.0	1:55	4.4	7:13	0.0	7:30	2.1	5:53	8:04	
16	Wed	1:07	4.3	2:38	4.7	7:49	0.5	8:55	1.9	5:54	8:03	
17	Thu	2:19	3.5	3:27	5.0	8:28	1.1	10:31	1.4	5:54	8:03	
18	Fri	4:05	3.0	4:21	5.3	9:15	1.7	11:58	0.7	5:55	8:02	
19	Sat	6:10	2.8	5:19	5.7	10:17	2.1			5:56	8:02	
20	Sun	7:46	3.1	6:17	6.0	1:07	0.0	11:32 AM	2.4	5:56	8:01	
21	Mon	8:47	3.4	7:13	6.3	2:02	-0.6	12:44	2.5	5:57	8:01	
22	Tue	9:32	3.6	8:05	6.5	2:50	-1.0	1:45	2.4	5:58	8:00	
23	Wed	10:10	3.9	8:53	6.6	3:33	-1.3	2:39	2.2	5:58	7:59	
24	Thu	10:46	4.0	9:38	6.6	4:13	-1.3	3:27	2.0	5:59	7:59	
25	Fri	11:20	4.1	10:20	6.3	4:51	-1.2	4:13	1.9	6:00	7:58	
26	Sat	11:54	4.2	11:00	5.9	5:26	-0.9	4:58	1.8	6:00	7:57	
27	Sun			12:28	4.3	5:59	-0.5	5:45	1.9	6:01	7:57	
28	Mon			1:01	4.4	6:29	0.1	6:35	1.9	6:02	7:56	
29	Tue	12:20	4.6	1:35	4.4	6:58	0.6	7:33	2.0	6:03	7:55	
30	Wed	1:05	3.9	2:12	4.4	7:23	1.2	8:46	2.0	6:03	7:54	
31	Thu	2:04	3.2	2:53	4.4	7:46	1.8	10:22	1.8	6:04	7:53	