


Long Beach, Inner Harbor, CA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:30	5.9	8:46	4.4	1:27	1.4	2:24	-1.2	6:20	5:49	
2	Mon	8:12	5.8	9:12	4.6	2:10	1.0	2:55	-1.0	6:19	5:50	
3	Tue	8:52	5.5	9:39	4.8	2:51	0.7	3:23	-0.6	6:18	5:51	
4	Wed	9:30	5.1	10:04	4.9	3:31	0.5	3:49	-0.2	6:16	5:51	
5	Thu	10:08	4.5	10:29	4.9	4:10	0.4	4:12	0.4	6:15	5:52	
6	Fri	10:47	3.9	10:54	4.8	4:51	0.4	4:33	0.9	6:14	5:53	
7	Sat	11:30	3.3	11:20	4.6	5:35	0.6	4:49	1.4	6:13	5:54	
8	Sun			1:25	2.7	7:28	0.8	5:57	1.9	7:11	6:55	
9	Mon	12:49	4.4			8:42	1.0			7:10	6:55	
10	Tue	1:29	4.2			10:36	1.0			7:09	6:56	
11	Wed	2:48	3.9					12:12	0.7	7:07	6:57	
12	Thu	4:47	4.0	8:39	3.2			1:05	0.3	7:06	6:58	
13	Fri	6:05	4.3	8:37	3.4	12:14	2.9	1:41	0.0	7:05	6:59	
14	Sat	6:56	4.6	8:46	3.6	1:04	2.4	2:10	-0.3	7:03	6:59	
15	Sun	7:38	5.0	9:00	3.9	1:41	2.0	2:36	-0.5	7:02	7:00	
16	Mon	8:16	5.2	9:18	4.3	2:16	1.5	3:01	-0.5	7:01	7:01	
17	Tue	8:53	5.3	9:38	4.6	2:51	1.0	3:26	-0.5	6:59	7:02	
18	Wed	9:31	5.2	10:02	5.0	3:28	0.5	3:51	-0.3	6:58	7:03	
19	Thu	10:12	4.9	10:29	5.3	4:08	0.1	4:17	0.1	6:57	7:03	
20	Fri	10:56	4.4	10:59	5.5	4:51	-0.2	4:44	0.5	6:55	7:04	
21	Sat	11:46	3.9	11:33	5.6	5:39	-0.3	5:12	1.0	6:54	7:05	
22	Sun			12:46	3.3	6:34	-0.3	5:41	1.5	6:53	7:06	
23	Mon	12:13	5.5	2:13	2.7	7:41	-0.2	6:12	2.1	6:51	7:06	
24	Tue	1:05	5.2	4:46	2.6	9:08	0.0	6:56	2.6	6:50	7:07	
25	Wed	2:19	4.9	6:43	3.0	10:46	-0.1	9:26	2.9	6:49	7:08	
26	Thu	3:58	4.7	7:20	3.4			12:04	-0.4	6:47	7:09	
27	Fri	5:31	4.8	7:49	3.8			1:00	-0.6	6:46	7:09	
28	Sat	6:40	5.0	8:16	4.2	12:50	2.0	1:43	-0.7	6:45	7:10	
29	Sun	7:35	5.1	8:42	4.6	1:42	1.4	2:19	-0.6	6:43	7:11	
30	Mon	8:22	5.1	9:07	4.8	2:26	0.9	2:49	-0.4	6:42	7:12	
31	Tue	9:04	4.9	9:31	5.1	3:05	0.4	3:17	-0.1	6:40	7:12	