

Long Beach, Inner Harbor, CA - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:21	3.6	9:34	5.5	4:08	-0.5	3:20	1.6	6:03	7:36	☉
2	Sat	11:02	3.4	9:59	5.4	4:42	-0.5	3:42	1.9	6:02	7:37	☉
3	Sun	11:45	3.2	10:25	5.3	5:17	-0.4	4:04	2.1	6:01	7:37	☉
4	Mon			12:35	3.0	5:56	-0.3	4:26	2.3	6:00	7:38	☉
5	Tue			1:40	2.8	6:41	-0.1	4:46	2.6	5:59	7:39	☉
6	Wed					7:33	0.2			5:58	7:40	☾
7	Thu	12:09	4.5			8:35	0.3			5:57	7:40	☾
8	Fri	1:05	4.2	5:55	3.2	9:40	0.4	8:50	3.1	5:56	7:41	☾
9	Sat	2:29	3.9	6:08	3.5	10:37	0.4	10:56	2.8	5:56	7:42	☾
10	Sun	4:05	3.7	6:24	3.9	11:24	0.5			5:55	7:43	☾
11	Mon	5:26	3.7	6:44	4.4	12:05	2.2	12:03	0.6	5:54	7:43	☾
12	Tue	6:34	3.8	7:08	4.9	12:55	1.4	12:39	0.7	5:53	7:44	☾
13	Wed	7:33	3.8	7:36	5.4	1:39	0.6	1:13	0.9	5:52	7:45	☾
14	Thu	8:28	3.8	8:07	6.0	2:22	-0.2	1:48	1.1	5:52	7:46	☾
15	Fri	9:22	3.8	8:43	6.4	3:06	-0.9	2:25	1.3	5:51	7:46	☾
16	Sat	10:16	3.8	9:22	6.6	3:52	-1.3	3:03	1.6	5:50	7:47	☾
17	Sun	11:12	3.6	10:05	6.6	4:40	-1.6	3:45	1.8	5:50	7:48	☾
18	Mon			12:11	3.5	5:31	-1.6	4:31	2.1	5:49	7:49	☾
19	Tue			1:16	3.4	6:26	-1.4	5:24	2.3	5:48	7:49	☾
20	Wed			2:28	3.4	7:25	-1.1	6:33	2.6	5:48	7:50	☾
21	Thu	12:44	5.5	3:39	3.6	8:27	-0.7	8:04	2.6	5:47	7:51	☾
22	Fri	1:55	4.8	4:41	3.9	9:29	-0.4	9:48	2.5	5:47	7:51	☾
23	Sat	3:17	4.3	5:31	4.3	10:28	0.0	11:21	2.0	5:46	7:52	☾
24	Sun	4:45	3.8	6:11	4.7	11:20	0.4			5:46	7:53	☾
25	Mon	6:05	3.6	6:46	5.0	12:32	1.4	12:05	0.8	5:45	7:54	☾
26	Tue	7:15	3.5	7:17	5.3	1:27	0.8	12:44	1.2	5:45	7:54	☾
27	Wed	8:14	3.4	7:44	5.4	2:12	0.2	1:18	1.5	5:44	7:55	☉
28	Thu	9:05	3.4	8:11	5.6	2:51	-0.1	1:49	1.8	5:44	7:56	☉
29	Fri	9:50	3.3	8:38	5.6	3:26	-0.4	2:17	2.1	5:43	7:56	☉
30	Sat	10:31	3.3	9:06	5.6	4:00	-0.6	2:46	2.2	5:43	7:57	☉
31	Sun	11:11	3.3	9:36	5.6	4:34	-0.6	3:15	2.3	5:43	7:57	☉