US HARBORS www.USHarbors.com

Long Beach, Inner Harbor, CA - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:07	5.4	2:12	4.0	7:23	-0.4	7:10	2.5	5:46	8:07	
2	Sun	12:56	4.7	3:07	4.0	8:10	0.1	8:26	2.5	5:46	8:07	
3	Mon	1:54	4.1	4:01	4.2	8:57	0.6	9:58	2.4	5:47	8:07	
4	Tue	3:07	3.5	4:51	4.3	9:46	1.1	11:28	2.0	5:47	8:07	
5	Wed	4:40	3.1	5:35	4.6	10:36	1.5			5:48	8:07	
6	Thu	6:13	3.0	6:13	4.8	12:37	1.6	11:25 AM	1.8	5:48	8:06	
7	Fri	7:27	3.1	6:47	5.0	1:27	1.1	12:11	2.0	5:49	8:06	
8	Sat	8:22	3.2	7:21	5.3	2:07	0.6	12:53	2.1	5:49	8:06	
9	Sun	9:05	3.3	7:53	5.5	2:41	0.2	1:33	2.2	5:50	8:06	
10	Mon	9:42	3.5	8:26	5.8	3:14	-0.2	2:10	2.2	5:51	8:05	
11	Tue	10:17	3.6	9:00	5.9	3:46	-0.4	2:46	2.2	5:51	8:05	
12	Wed	10:51	3.7	9:35	6.0	4:19	-0.6	3:23	2.2	5:52	8:05	
13	Thu	11:26	3.7	10:12	6.0	4:53	-0.7	4:01	2.2	5:52	8:04	
14	Fri			12:03	3.8	5:28	-0.7	4:43	2.2	5:53	8:04	
15	Sat			12:42	3.9	6:05	-0.6	5:30	2.2	5:54	8:03	
16	Sun			1:25	4.0	6:43	-0.4	6:27	2.3	5:54	8:03	
17	Mon	12:19	5.1	2:11	4.2	7:24	0.0	7:37	2.2	5:55	8:03	
18	Tue	1:16	4.5	3:02	4.5	8:08	0.4	9:03	2.0	5:55	8:02	
19	Wed	2:30	3.9	3:56	4.8	8:57	0.9	10:36	1.6	5:56	8:01	
20	Thu	4:06	3.4	4:51	5.2	9:53	1.3	11:58	1.0	5:57	8:01	
21	Fri	5:49	3.2	5:45	5.6	10:56	1.7			5:57	8:00	
22	Sat	7:15	3.4	6:37	6.0	1:03	0.2	12:01	1.9	5:58	8:00	
23	Sun	8:19	3.6	7:27	6.3	1:57	-0.4	1:00	2.0	5:59	7:59	
24	Mon	9:10	3.9	8:14	6.5	2:45	-0.9	1:55	2.0	6:00	7:58	
25	Tue	9:55	4.0	8:59	6.6	3:28	-1.1	2:44	1.9	6:00	7:58	
26	Wed	10:36	4.2	9:42	6.5	4:10	-1.2	3:30	1.8	6:01	7:57	
27	Thu	11:15	4.3	10:24	6.2	4:49	-1.1	4:15	1.8	6:02	7:56	
28	Fri	11:53	4.3	11:04	5.8	5:27	-0.8	5:00	1.8	6:02	7:55	
29	Sat			12:31	4.3	6:04	-0.4	5:46	1.9	6:03	7:55	
30	Sun			1:11	4.3	6:40	0.0	6:36	2.1	6:04	7:54	
31	Mon	12:26	4.7	1:52	4.2	7:15	0.6	7:35	2.2	6:04	7:53	