US HARBORS www.USHarbors.com

Long Beach, Inner Harbor, CA - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:14	4.0	2:37	4.2	7:50	1.1	8:50	2.2	6:05	7:52	
2	Wed	2:16	3.4	3:27	4.3	8:29	1.6	10:26	2.0	6:06	7:51	
3	Thu	3:54	3.0	4:21	4.4	9:16	2.1	11:56	1.6	6:07	7:50	
4	Fri	6:01	2.9	5:16	4.6	10:19	2.4			6:07	7:50	
5	Sat	7:29	3.1	6:06	4.8	12:58	1.2	11:29 AM	2.6	6:08	7:49	
6	Sun	8:18	3.3	6:50	5.1	1:42	0.7	12:29	2.6	6:09	7:48	
7	Mon	8:53	3.5	7:30	5.5	2:18	0.3	1:16	2.5	6:09	7:47	
8	Tue	9:22	3.7	8:08	5.8	2:50	-0.1	1:57	2.3	6:10	7:46	
9	Wed	9:50	3.9	8:45	6.0	3:22	-0.4	2:36	2.1	6:11	7:45	
10	Thu	10:18	4.1	9:22	6.2	3:53	-0.6	3:14	1.9	6:12	7:44	
11	Fri	10:48	4.2	10:01	6.2	4:26	-0.7	3:54	1.7	6:12	7:43	
12	Sat	11:20	4.4	10:41	6.0	4:58	-0.6	4:36	1.6	6:13	7:41	
13	Sun	11:55	4.6	11:25	5.6	5:32	-0.4	5:24	1.5	6:14	7:40	
14	Mon			12:33	4.7	6:07	0.0	6:19	1.5	6:14	7:39	
15	Tue	12:14	5.0	1:16	4.8	6:45	0.4	7:24	1.5	6:15	7:38	
16	Wed	1:13	4.3	2:05	5.0	7:26	1.0	8:45	1.4	6:16	7:37	
17	Thu	2:32	3.6	3:05	5.1	8:14	1.6	10:19	1.1	6:17	7:36	
18	Fri	4:22	3.2	4:13	5.2	9:19	2.1	11:46	0.6	6:17	7:35	
19	Sat	6:14	3.3	5:23	5.5	10:43	2.4			6:18	7:34	
20	Sun	7:30	3.6	6:26	5.8	12:54	0.1	12:03	2.4	6:19	7:32	
21	Mon	8:21	3.9	7:21	6.0	1:47	-0.4	1:08	2.2	6:19	7:31	
22	Tue	9:01	4.2	8:09	6.2	2:32	-0.7	2:00	2.0	6:20	7:30	
23	Wed	9:36	4.4	8:52	6.2	3:12	-0.8	2:45	1.7	6:21	7:29	
24	Thu	10:08	4.5	9:33	6.1	3:48	-0.7	3:26	1.5	6:21	7:27	
25	Fri	10:39	4.6	10:10	5.9	4:22	-0.5	4:05	1.4	6:22	7:26	
26	Sat	11:08	4.7	10:47	5.5	4:53	-0.2	4:43	1.4	6:23	7:25	
27	Sun	11:37	4.7	11:23	5.0	5:22	0.2	5:22	1.4	6:24	7:24	
28	Mon			12:07	4.6	5:50	0.6	6:04	1.5	6:24	7:22	
29	Tue	12:01	4.5	12:37	4.6	6:17	1.1	6:51	1.6	6:25	7:21	
30	Wed	12:44	3.9	1:11	4.5	6:44	1.6	7:50	1.8	6:26	7:20	
31	Thu	1:42	3.3	1:53	4.4	7:11	2.1	9:14	1.8	6:26	7:18	