





























Long Beach, Inner Harbor, CA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:28	5.7	6:46	3.5			12:41	-0.2	6:57	4:55	
2	Tue	6:16	6.2	7:46	3.7			1:29	-0.9	6:57	4:56	
3	Wed	6:58	6.5	8:40	3.8	12:35	1.7	2:17	-1.4	6:57	4:57	
4	Thu	7:46	6.8	9:28	3.9	1:23	1.7	2:59	-1.7	6:58	4:58	
5	Fri	8:28	6.8	10:16	4.0	2:11	1.8	3:47	-1.7	6:58	4:58	
6	Sat	9:16	6.6	11:04	4.0	2:59	1.8	4:29	-1.6	6:58	4:59	
7	Sun	9:58	6.2	11:52	4.0	3:53	1.9	5:11	-1.2	6:58	5:00	
8	Mon	10:46	5.6			4:41	2.0	5:59	-0.7	6:58	5:01	
9	Tue	12:40	4.0	11:34 AM	4.9	5:41	2.2	6:41	-0.2	6:58	5:02	
10	Wed	1:34	4.1	12:28	4.2	6:53	2.3	7:29	0.4	6:58	5:03	
11	Thu	2:28	4.1	1:40	3.5	8:23	2.2	8:17	1.0	6:57	5:04	
12	Fri	3:22	4.3	3:16	3.0	10:05	1.9	9:11	1.4	6:57	5:05	
13	Sat	4:10	4.5	5:10	2.8	11:23	1.4	10:05	1.8	6:57	5:05	
14	Sun	4:58	4.7	6:34	2.9			12:23	0.9	6:57	5:06	
15	Mon	5:34	4.9	7:28	3.1			1:05	0.4	6:57	5:07	
16	Tue	6:10	5.1	8:10	3.2			1:35	0.0	6:56	5:08	
17	Wed	6:46	5.3	8:46	3.4	12:29	2.2	2:11	-0.3	6:56	5:09	
18	Thu	7:16	5.5	9:10	3.5	1:05	2.2	2:41	-0.6	6:56	5:10	
19	Fri	7:52	5.7	9:40	3.5	1:41	2.1	3:11	-0.8	6:55	5:11	
20	Sat	8:22	5.8	10:10	3.6	2:17	2.1	3:41	-0.8	6:55	5:12	
21	Sun	8:58	5.8	10:40	3.7	2:47	2.0	4:11	-0.8	6:55	5:13	
22	Mon	9:34	5.7	11:16	3.7	3:29	2.0	4:47	-0.7	6:54	5:14	
23	Tue	10:10	5.4	11:52	3.8	4:05	1.9	5:17	-0.5	6:54	5:15	
24	Wed	10:52	5.0			4:53	2.0	5:53	-0.1	6:53	5:16	
25	Thu	12:34	4.0	11:40 AM	4.4	5:53	2.0	6:29	0.3	6:53	5:17	
26	Fri	1:16	4.2	12:40	3.7	7:11	1.9	7:11	0.8	6:52	5:18	
27	Sat	2:10	4.4	2:16	3.1	8:47	1.6	7:59	1.3	6:51	5:19	
28	Sun	3:04	4.7	4:10	2.8	10:23	1.0	9:05	1.7	6:51	5:20	
29	Mon	4:04	5.1	5:58	2.9	11:35	0.3	10:23	2.0	6:50	5:21	
30	Tue	5:04	5.5	7:04	3.3			12:35	-0.5	6:49	5:22	
31	Wed	5:58	5.9	7:58	3.6			1:23	-1.0	6:49	5:23	