US HARBORS www.USHarbors.com

Long Beach, Inner Harbor, CA - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:56	3.5	9:28	5.7	4:20	-0.5	3:15	2.3	5:46	8:07	
2	Mon	11:30	3.5	10:01	5.7	4:52	-0.5	3:48	2.4	5:46	8:07	
3	Tue			12:07	3.5	5:25	-0.5	4:23	2.4	5:47	8:07	
4	Wed			12:45	3.5	6:00	-0.4	5:02	2.5	5:47	8:07	
5	Thu			1:26	3.6	6:35	-0.2	5:47	2.6	5:48	8:07	
6	Fri			2:09	3.7	7:12	0.0	6:44	2.7	5:48	8:06	
7	Sat	12:31	4.7	2:54	3.9	7:51	0.3	8:00	2.6	5:49	8:06	
8	Sun	1:26	4.2	3:40	4.2	8:33	0.6	9:32	2.4	5:49	8:06	
9	Mon	2:42	3.6	4:26	4.5	9:19	1.0	11:02	1.8	5:50	8:06	
10	Tue	4:19	3.3	5:12	5.0	10:11	1.3			5:50	8:05	
11	Wed	5:59	3.2	5:58	5.5	12:15	1.1	11:08 AM	1.6	5:51	8:05	
12	Thu	7:20	3.3	6:45	6.0	1:14	0.3	12:06	1.8	5:52	8:05	
13	Fri	8:24	3.5	7:32	6.4	2:05	-0.5	1:02	1.9	5:52	8:04	
14	Sat	9:18	3.8	8:19	6.8	2:53	-1.1	1:56	1.9	5:53	8:04	
15	Sun	10:06	4.0	9:07	6.9	3:39	-1.4	2:48	1.9	5:53	8:04	
16	Mon	10:52	4.1	9:54	6.9	4:24	-1.6	3:39	1.8	5:54	8:03	
17	Tue	11:37	4.2	10:42	6.6	5:08	-1.5	4:30	1.8	5:55	8:03	
18	Wed			12:23	4.3	5:52	-1.3	5:24	1.9	5:55	8:02	
19	Thu			1:10	4.3	6:36	-0.8	6:22	2.0	5:56	8:02	
20	Fri	12:20	5.4	1:59	4.4	7:20	-0.3	7:28	2.0	5:57	8:01	
21	Sat	1:14	4.7	2:50	4.5	8:04	0.4	8:47	2.1	5:57	8:00	
22	Sun	2:20	3.9	3:44	4.6	8:50	1.0	10:20	1.9	5:58	8:00	
23	Mon	3:47	3.3	4:37	4.7	9:40	1.5	11:49	1.5	5:59	7:59	
24	Tue	5:37	3.0	5:28	4.8	10:37	2.0			5:59	7:59	
25	Wed	7:13	3.1	6:14	5.0	12:57	1.0	11:36 AM	2.3	6:00	7:58	
26	Thu	8:19	3.2	6:56	5.2	1:47	0.6	12:31	2.5	6:01	7:57	
27	Fri	9:03	3.4	7:34	5.4	2:26	0.2	1:18	2.5	6:01	7:56	
28	Sat	9:36	3.6	8:09	5.6	3:00	0.0	1:57	2.5	6:02	7:56	
29	Sun	10:04	3.7	8:43	5.7	3:31	-0.2	2:33	2.4	6:03	7:55	
30	Mon	10:31	3.8	9:16	5.9	4:00	-0.4	3:07	2.3	6:04	7:54	
31	Tue	10:59	3.8	9:49	5.9	4:29	-0.4	3:41	2.2	6:04	7:53	