US HARBORS www.USHarbors.com

Long Beach, Inner Harbor, CA - Aug 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:27	3.9	10:23	5.8	4:59	-0.4	4:17	2.1	6:05	7:52	
2	Thu	11:57	4.0	10:58	5.5	5:29	-0.3	4:56	2.1	6:06	7:52	
3	Fri			12:29	4.1	5:59	-0.1	5:39	2.1	6:06	7:51	
4	Sat			1:03	4.2	6:30	0.2	6:31	2.1	6:07	7:50	
5	Sun	12:19	4.7	1:42	4.4	7:02	0.6	7:37	2.0	6:08	7:49	
6	Mon	1:14	4.0	2:28	4.6	7:39	1.1	9:01	1.8	6:09	7:48	
7	Tue	2:31	3.4	3:22	4.8	8:22	1.6	10:36	1.4	6:09	7:47	
8	Wed	4:22	3.0	4:24	5.1	9:20	2.0	11:59	0.8	6:10	7:46	
9	Thu	6:17	3.1	5:27	5.5	10:36	2.3			6:11	7:45	
10	Fri	7:35	3.4	6:27	5.9	1:03	0.1	11:54 AM	2.4	6:11	7:44	
11	Sat	8:28	3.7	7:22	6.3	1:55	-0.5	1:01	2.2	6:12	7:43	
12	Sun	9:11	4.0	8:13	6.6	2:42	-1.0	1:57	2.0	6:13	7:42	
13	Mon	9:49	4.3	9:01	6.7	3:24	-1.2	2:48	1.7	6:14	7:41	
14	Tue	10:27	4.5	9:47	6.6	4:05	-1.3	3:36	1.5	6:14	7:40	
15	Wed	11:03	4.7	10:31	6.3	4:44	-1.1	4:23	1.4	6:15	7:38	
16	Thu	11:40	4.7	11:15	5.8	5:21	-0.7	5:11	1.3	6:16	7:37	
17	Fri			12:18	4.8	5:57	-0.2	6:01	1.4	6:16	7:36	
18	Sat	12:00	5.1	12:56	4.7	6:33	0.4	6:56	1.5	6:17	7:35	
19	Sun	12:50	4.4	1:37	4.7	7:07	1.1	8:01	1.7	6:18	7:34	
20	Mon	1:50	3.7	2:23	4.6	7:43	1.7	9:26	1.7	6:19	7:33	
21	Tue	3:22	3.1	3:19	4.5	8:25	2.3	11:05	1.5	6:19	7:31	
22	Wed	5:48	3.0	4:27	4.5	9:31	2.7			6:20	7:30	
23	Thu	7:31	3.2	5:33	4.6	12:26	1.1	11:08 AM	2.9	6:21	7:29	
24	Fri	8:17	3.5	6:28	4.9	1:20	0.7	12:23	2.9	6:21	7:28	
25	Sat	8:46	3.7	7:13	5.2	1:59	0.4	1:13	2.7	6:22	7:27	
26	Sun	9:09	3.8	7:52	5.4	2:32	0.1	1:51	2.4	6:23	7:25	
27	Mon	9:30	4.0	8:27	5.7	3:01	-0.1	2:24	2.2	6:23	7:24	
28	Tue	9:52	4.2	9:01	5.8	3:29	-0.2	2:57	1.9	6:24	7:23	
29	Wed	10:15	4.3	9:34	5.8	3:56	-0.3	3:31	1.7	6:25	7:21	
30	Thu	10:40	4.5	10:09	5.7	4:22	-0.2	4:06	1.5	6:25	7:20	
31	Fri	11:06	4.7	10:46	5.4	4:50	0.0	4:45	1.3	6:26	7:19	