

Long Beach, Terminal Island, CA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:22	6.6	9:56	4.3	2:09	1.8	3:29	-1.3	6:57	4:54	●
2	Fri	9:00	6.4	10:35	4.3	2:52	1.8	4:06	-1.1	6:57	4:55	●
3	Sat	9:38	6.0	11:13	4.3	3:34	1.9	4:41	-0.8	6:58	4:56	●
4	Sun	10:15	5.5	11:52	4.3	4:17	2.0	5:16	-0.4	6:58	4:57	●
5	Mon	10:53	4.9			5:03	2.2	5:50	0.1	6:58	4:58	◐
6	Tue	12:34	4.2	11:34 AM	4.3	5:58	2.3	6:25	0.6	6:58	4:58	◐
7	Wed	1:19	4.3	12:23	3.7	7:08	2.4	7:02	1.1	6:58	4:59	◐
8	Thu	2:08	4.3	1:39	3.1	8:42	2.3	7:44	1.6	6:58	5:00	◐
9	Fri	3:02	4.5	3:40	2.7	10:23	1.9	8:39	2.0	6:58	5:01	◐
10	Sat	3:55	4.7	5:32	2.8	11:32	1.4	9:44	2.2	6:58	5:02	◐
11	Sun	4:43	5.0	6:39	3.0			12:18	0.8	6:58	5:03	◐
12	Mon	5:26	5.3	7:21	3.3			12:55	0.3	6:58	5:04	◐
13	Tue	6:06	5.7	7:55	3.6			1:28	-0.2	6:58	5:04	○
14	Wed	6:44	6.1	8:26	3.8	12:24	2.2	2:00	-0.7	6:57	5:05	○
15	Thu	7:21	6.4	8:57	4.0	1:06	2.0	2:32	-1.0	6:57	5:06	○
16	Fri	8:00	6.6	9:30	4.2	1:47	1.8	3:05	-1.2	6:57	5:07	○
17	Sat	8:39	6.6	10:04	4.4	2:29	1.6	3:39	-1.3	6:57	5:08	○
18	Sun	9:20	6.4	10:41	4.6	3:13	1.5	4:15	-1.1	6:56	5:09	○
19	Mon	10:03	6.1	11:21	4.8	4:01	1.4	4:52	-0.8	6:56	5:10	○
20	Tue	10:50	5.4			4:55	1.4	5:30	-0.3	6:56	5:11	○
21	Wed	12:05	4.9	11:45 AM	4.7	5:58	1.4	6:11	0.3	6:55	5:12	○
22	Thu	12:55	5.1	12:54	3.9	7:16	1.4	6:58	0.9	6:55	5:13	○
23	Fri	1:54	5.2	2:31	3.2	8:50	1.2	7:56	1.5	6:54	5:14	○
24	Sat	3:00	5.3	4:30	3.0	10:25	0.8	9:11	2.0	6:54	5:15	◐
25	Sun	4:09	5.6	6:05	3.3	11:40	0.2	10:33	2.2	6:54	5:16	◐
26	Mon	5:12	5.8	7:07	3.6			12:37	-0.4	6:53	5:17	◐
27	Tue	6:07	6.1	7:51	3.9			1:22	-0.8	6:52	5:18	◐
28	Wed	6:54	6.3	8:28	4.2	12:39	2.0	2:02	-1.0	6:52	5:19	◐
29	Thu	7:36	6.3	9:01	4.3	1:26	1.8	2:37	-1.1	6:51	5:20	◐
30	Fri	8:14	6.2	9:31	4.4	2:07	1.6	3:10	-1.0	6:51	5:21	◐
31	Sat	8:50	6.0	10:00	4.5	2:45	1.5	3:40	-0.8	6:50	5:22	●