

Long Beach, Terminal Island, CA - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:10	5.2	9:44	4.9	3:08	0.8	3:31	0.0	6:20	5:49	
2	Tue	9:42	4.9	10:08	4.9	3:40	0.8	3:54	0.3	6:19	5:50	
3	Wed	10:14	4.5	10:33	4.9	4:14	0.8	4:17	0.7	6:18	5:51	
4	Thu	10:49	4.0	11:01	4.8	4:51	0.9	4:40	1.1	6:16	5:52	
5	Fri	11:29	3.5	11:33	4.7	5:34	1.0	5:02	1.6	6:15	5:52	
6	Sat			12:23	3.0	6:28	1.2	5:23	2.0	6:14	5:53	
7	Sun	12:13	4.5	2:03	2.6	7:45	1.3	5:48	2.3	6:13	5:54	
8	Mon	1:11	4.4			9:26	1.2			6:11	5:55	
9	Tue	2:35	4.4	6:04	3.1	10:48	0.8	9:35	2.7	6:10	5:56	
10	Wed	4:00	4.6	6:29	3.4	11:40	0.4	11:00	2.4	6:09	5:56	
11	Thu	5:06	5.0	6:53	3.8			12:20	-0.1	6:07	5:57	
12	Fri	5:59	5.4	7:19	4.3			12:55	-0.5	6:06	5:58	
13	Sat	6:47	5.7	7:47	4.8	12:43	1.3	1:29	-0.7	6:05	5:59	
14	Sun	7:33	5.9	8:18	5.3	1:27	0.7	2:03	-0.8	6:03	6:00	
15	Mon	8:19	5.9	8:51	5.7	2:12	0.1	2:38	-0.6	6:02	6:00	
16	Tue	9:05	5.7	9:27	5.9	2:58	-0.3	3:13	-0.4	6:01	6:01	
17	Wed	9:54	5.3	10:05	6.1	3:46	-0.6	3:49	0.1	5:59	6:02	
18	Thu	10:46	4.7	10:47	6.0	4:37	-0.6	4:28	0.6	5:58	6:03	
19	Fri	11:46	4.0	11:35	5.7	5:35	-0.4	5:09	1.2	5:57	6:03	
20	Sat			1:02	3.5	6:42	-0.1	5:59	1.9	5:55	6:04	
21	Sun	12:33	5.3	2:47	3.2	8:04	0.1	7:12	2.4	5:54	6:05	
22	Mon	1:49	4.9	4:37	3.4	9:34	0.2	9:06	2.5	5:53	6:06	
23	Tue	3:22	4.7	5:46	3.7	10:52	0.1	10:48	2.3	5:51	6:06	
24	Wed	4:45	4.7	6:30	4.1	11:50	-0.1	11:54	1.9	5:50	6:07	
25	Thu	5:49	4.8	7:03	4.4			12:34	-0.1	5:49	6:08	
26	Fri	6:38	4.9	7:30	4.6	12:42	1.4	1:10	-0.1	5:47	6:09	
27	Sat	7:18	4.9	7:54	4.8	1:20	1.0	1:39	0.0	5:46	6:09	
28	Sun	7:54	4.9	8:17	5.0	1:53	0.7	2:05	0.2	5:44	6:10	
29	Mon	8:27	4.8	8:38	5.1	2:24	0.4	2:29	0.4	5:43	6:11	
30	Tue	8:59	4.6	9:00	5.2	2:54	0.2	2:52	0.6	5:42	6:12	
31	Wed	9:31	4.4	9:24	5.3	3:25	0.1	3:14	0.9	5:40	6:12	