

Long Beach, Terminal Island, CA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			1:20	4.4	6:38	-0.4	6:38	2.2	5:46	8:07	
2	Fri	12:25	5.1	2:08	4.6	7:19	0.0	7:50	2.1	5:46	8:07	
3	Sat	1:25	4.4	3:00	4.9	8:04	0.5	9:17	1.9	5:46	8:07	
4	Sun	2:43	3.8	3:56	5.2	8:55	1.0	10:48	1.4	5:47	8:07	
5	Mon	4:22	3.4	4:53	5.6	9:54	1.4			5:47	8:07	
6	Tue	6:02	3.3	5:49	6.0	12:06	0.7	10:59 AM	1.8	5:48	8:06	
7	Wed	7:22	3.5	6:42	6.4	1:08	0.0	12:04	1.9	5:48	8:06	
8	Thu	8:22	3.8	7:32	6.7	2:01	-0.6	1:04	2.0	5:49	8:06	
9	Fri	9:12	4.1	8:19	6.9	2:47	-1.0	1:58	1.9	5:50	8:06	
10	Sat	9:55	4.3	9:03	6.9	3:30	-1.2	2:48	1.8	5:50	8:05	
11	Sun	10:36	4.4	9:46	6.7	4:11	-1.2	3:35	1.8	5:51	8:05	
12	Mon	11:15	4.5	10:27	6.3	4:49	-1.1	4:21	1.8	5:51	8:05	
13	Tue	11:54	4.6	11:08	5.8	5:26	-0.8	5:06	1.9	5:52	8:04	
14	Wed			12:33	4.6	6:02	-0.4	5:54	2.0	5:52	8:04	
15	Thu			1:13	4.6	6:38	0.1	6:47	2.1	5:53	8:04	
16	Fri	12:31	4.6	1:56	4.6	7:13	0.7	7:50	2.2	5:54	8:03	
17	Sat	1:20	4.0	2:43	4.6	7:49	1.2	9:11	2.2	5:54	8:03	
18	Sun	2:28	3.4	3:34	4.7	8:28	1.7	10:47	2.0	5:55	8:02	
19	Mon	4:13	3.0	4:30	4.8	9:18	2.1			5:56	8:02	
20	Tue	6:11	3.0	5:23	5.0	12:07	1.6	10:22 AM	2.4	5:56	8:01	
21	Wed	7:27	3.2	6:10	5.3	1:02	1.1	11:29 AM	2.6	5:57	8:01	
22	Thu	8:12	3.4	6:53	5.6	1:43	0.6	12:25	2.5	5:58	8:00	
23	Fri	8:46	3.6	7:32	6.0	2:17	0.2	1:13	2.4	5:58	7:59	
24	Sat	9:15	3.9	8:09	6.2	2:49	-0.2	1:54	2.2	5:59	7:59	
25	Sun	9:44	4.1	8:46	6.5	3:19	-0.5	2:34	2.0	6:00	7:58	
26	Mon	10:14	4.3	9:24	6.5	3:51	-0.7	3:14	1.8	6:00	7:57	
27	Tue	10:45	4.6	10:03	6.4	4:22	-0.8	3:56	1.7	6:01	7:57	
28	Wed	11:18	4.8	10:44	6.2	4:55	-0.7	4:41	1.5	6:02	7:56	
29	Thu	11:55	5.0	11:29	5.7	5:29	-0.5	5:31	1.5	6:02	7:55	
30	Fri			12:35	5.1	6:05	-0.1	6:28	1.5	6:03	7:54	
31	Sat	12:19	5.0	1:20	5.3	6:43	0.5	7:36	1.5	6:04	7:54	