

Long Beach, Terminal Island, CA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:21	4.3	2:12	5.4	7:26	1.0	9:00	1.4	6:05	7:53	
2	Mon	2:43	3.6	3:15	5.5	8:17	1.6	10:33	1.1	6:05	7:52	
3	Tue	4:34	3.3	4:24	5.7	9:24	2.1	11:57	0.6	6:06	7:51	
4	Wed	6:19	3.4	5:33	6.0	10:47	2.4			6:07	7:50	
5	Thu	7:31	3.7	6:34	6.2	1:01	0.0	12:06	2.4	6:07	7:49	
6	Fri	8:21	4.1	7:27	6.4	1:52	-0.4	1:09	2.2	6:08	7:48	
7	Sat	9:01	4.4	8:14	6.6	2:36	-0.7	2:01	1.9	6:09	7:47	
8	Sun	9:36	4.6	8:56	6.5	3:14	-0.8	2:47	1.7	6:10	7:46	
9	Mon	10:08	4.8	9:35	6.3	3:49	-0.7	3:28	1.5	6:10	7:45	
10	Tue	10:40	4.9	10:13	6.0	4:22	-0.5	4:08	1.5	6:11	7:44	
11	Wed	11:10	5.0	10:49	5.6	4:52	-0.2	4:47	1.5	6:12	7:43	
12	Thu	11:40	5.0	11:25	5.1	5:22	0.2	5:27	1.5	6:12	7:42	
13	Fri			12:12	4.9	5:50	0.7	6:11	1.7	6:13	7:41	
14	Sat	12:03	4.5	12:45	4.9	6:17	1.2	7:01	1.8	6:14	7:40	
15	Sun	12:47	4.0	1:23	4.8	6:45	1.7	8:06	1.9	6:15	7:39	
16	Mon	1:47	3.4	2:10	4.7	7:15	2.2	9:35	1.9	6:15	7:38	
17	Tue	3:34	3.0	3:13	4.7	7:56	2.6	11:14	1.7	6:16	7:37	
18	Wed	6:04	3.1	4:26	4.8	9:16	2.9			6:17	7:35	
19	Thu	7:15	3.3	5:31	5.1	12:23	1.2	10:58 AM	2.9	6:17	7:34	
20	Fri	7:48	3.6	6:23	5.4	1:08	0.8	12:08	2.7	6:18	7:33	
21	Sat	8:14	3.9	7:08	5.8	1:43	0.4	12:58	2.4	6:19	7:32	
22	Sun	8:39	4.2	7:49	6.1	2:15	0.0	1:41	2.1	6:20	7:31	
23	Mon	9:05	4.6	8:29	6.4	2:46	-0.3	2:21	1.6	6:20	7:29	
24	Tue	9:33	4.9	9:09	6.4	3:16	-0.5	3:02	1.3	6:21	7:28	
25	Wed	10:03	5.2	9:51	6.3	3:48	-0.5	3:45	0.9	6:22	7:27	
26	Thu	10:36	5.5	10:35	6.0	4:21	-0.3	4:31	0.7	6:22	7:26	
27	Fri	11:12	5.8	11:23	5.5	4:55	0.0	5:20	0.6	6:23	7:24	
28	Sat	11:52	5.9			5:31	0.5	6:16	0.6	6:24	7:23	
29	Sun	12:18	4.8	12:37	5.8	6:09	1.1	7:22	0.7	6:24	7:22	
30	Mon	1:25	4.1	1:31	5.7	6:53	1.7	8:43	0.8	6:25	7:21	
31	Tue	2:57	3.6	2:40	5.6	7:51	2.3	10:16	0.7	6:26	7:19	