

Long Beach, Terminal Island, CA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:56	5.1	5:59	4.4			12:11	1.4	6:12	5:00	
2	Tue	6:26	5.4	6:48	4.4	12:00	0.8	12:52	0.9	6:13	4:59	
3	Wed	6:53	5.6	7:29	4.4	12:34	1.0	1:27	0.5	6:14	4:58	
4	Thu	7:17	5.8	8:06	4.3	1:03	1.3	1:58	0.2	6:15	4:57	
5	Fri	7:41	5.9	8:42	4.2	1:29	1.5	2:29	0.0	6:16	4:56	
6	Sat	8:05	6.0	9:17	4.1	1:54	1.7	2:59	-0.1	6:17	4:56	
7	Sun	8:30	6.0	9:53	4.0	2:20	1.9	3:31	-0.2	6:17	4:55	
8	Mon	8:58	5.9	10:33	3.8	2:46	2.1	4:05	-0.1	6:18	4:54	
9	Tue	9:27	5.7	11:19	3.7	3:14	2.3	4:42	0.0	6:19	4:53	
10	Wed	9:59	5.5			3:45	2.5	5:24	0.1	6:20	4:53	
11	Thu	12:14	3.5	10:36 AM	5.2	4:21	2.8	6:12	0.3	6:21	4:52	
12	Fri	1:22	3.5	11:22 AM	4.8	5:14	3.0	7:06	0.5	6:22	4:51	
13	Sat	2:36	3.7	12:25	4.5	6:42	3.1	8:07	0.6	6:23	4:51	
14	Sun	3:34	4.0	1:52	4.1	8:37	2.9	9:06	0.7	6:24	4:50	
15	Mon	4:17	4.4	3:25	4.0	10:06	2.4	10:01	0.8	6:25	4:49	
16	Tue	4:53	4.9	4:45	4.1	11:08	1.6	10:49	0.8	6:26	4:49	
17	Wed	5:28	5.5	5:51	4.3			12:00	0.8	6:27	4:48	
18	Thu	6:04	6.1	6:49	4.4			12:47	-0.1	6:28	4:48	
19	Fri	6:41	6.6	7:43	4.5	12:18	1.0	1:33	-0.8	6:29	4:47	
20	Sat	7:21	7.0	8:36	4.5	1:00	1.2	2:19	-1.3	6:30	4:47	
21	Sun	8:02	7.2	9:27	4.5	1:44	1.3	3:06	-1.6	6:31	4:46	
22	Mon	8:45	7.2	10:21	4.4	2:28	1.5	3:54	-1.6	6:31	4:46	
23	Tue	9:30	6.9	11:17	4.2	3:15	1.8	4:44	-1.4	6:32	4:46	
24	Wed	10:19	6.4			4:06	2.1	5:36	-1.0	6:33	4:45	
25	Thu	12:19	4.2	11:11 AM	5.7	5:06	2.4	6:32	-0.5	6:34	4:45	
26	Fri	1:26	4.2	12:13	5.0	6:22	2.6	7:31	0.0	6:35	4:45	
27	Sat	2:36	4.3	1:29	4.3	7:59	2.6	8:33	0.5	6:36	4:45	
28	Sun	3:39	4.5	3:00	3.8	9:41	2.3	9:33	0.8	6:37	4:44	
29	Mon	4:31	4.8	4:29	3.6	11:00	1.8	10:26	1.2	6:38	4:44	
30	Tue	5:12	5.1	5:42	3.6	11:57	1.2	11:12	1.4	6:39	4:44	