

































Long Beach, Terminal Island, CA - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:04	5.2	6:27	3.1			12:22	0.8	6:57	4:55	
2	Fri	5:38	5.4	7:28	3.3			1:03	0.3	6:57	4:55	
3	Sat	6:10	5.6	8:14	3.4			1:38	-0.1	6:58	4:56	
4	Sun	6:42	5.8	8:50	3.5	12:20	2.5	2:10	-0.4	6:58	4:57	
5	Mon	7:14	6.0	9:22	3.6	12:56	2.5	2:41	-0.7	6:58	4:58	
6	Tue	7:46	6.2	9:52	3.6	1:30	2.5	3:12	-0.8	6:58	4:59	
7	Wed	8:19	6.2	10:23	3.7	2:04	2.4	3:44	-0.9	6:58	4:59	
8	Thu	8:53	6.2	10:55	3.7	2:38	2.4	4:16	-0.9	6:58	5:00	
9	Fri	9:27	6.1	11:29	3.7	3:14	2.4	4:48	-0.8	6:58	5:01	
10	Sat	10:02	5.8			3:54	2.4	5:21	-0.6	6:58	5:02	
11	Sun	12:06	3.8	10:40 AM	5.4	4:40	2.4	5:55	-0.3	6:58	5:03	
12	Mon	12:44	4.0	11:25 AM	4.9	5:38	2.5	6:30	0.1	6:58	5:04	
13	Tue	1:26	4.2	12:21	4.2	6:54	2.4	7:08	0.6	6:57	5:05	
14	Wed	2:11	4.5	1:42	3.5	8:29	2.1	7:52	1.2	6:57	5:06	
15	Thu	3:00	4.9	3:37	3.0	10:06	1.4	8:45	1.7	6:57	5:06	
16	Fri	3:53	5.4	5:33	3.0	11:24	0.6	9:50	2.1	6:57	5:07	
17	Sat	4:47	5.9	6:56	3.3			12:24	-0.3	6:57	5:08	
18	Sun	5:40	6.4	7:53	3.6			1:15	-1.0	6:56	5:09	
19	Mon	6:32	6.8	8:39	3.8	12:04	2.4	2:01	-1.6	6:56	5:10	
20	Tue	7:22	7.0	9:20	4.0	1:01	2.2	2:45	-1.8	6:56	5:11	
21	Wed	8:10	7.1	9:59	4.2	1:53	2.0	3:28	-1.9	6:55	5:12	
22	Thu	8:56	7.0	10:38	4.3	2:43	1.9	4:08	-1.7	6:55	5:13	
23	Fri	9:41	6.6	11:18	4.4	3:32	1.8	4:47	-1.3	6:54	5:14	
24	Sat	10:25	6.0	11:58	4.4	4:22	1.8	5:25	-0.8	6:54	5:15	
25	Sun	11:10	5.2			5:16	1.8	6:01	-0.1	6:53	5:16	
26	Mon	12:39	4.5	11:58 AM	4.3	6:17	1.9	6:36	0.6	6:53	5:17	
27	Tue	1:23	4.5	12:59	3.5	7:34	2.0	7:11	1.3	6:52	5:18	
28	Wed	2:11	4.5	2:37	2.8	9:14	1.8	7:49	1.9	6:52	5:19	
29	Thu	3:04	4.6	5:15	2.7	10:54	1.4	8:43	2.4	6:51	5:20	
30	Fri	4:01	4.8	7:05	3.0			12:02	0.8	6:50	5:21	
31	Sat	4:54	5.0	7:51	3.3			12:48	0.3	6:50	5:22	