US HARBORS www.USHarbors.com

Long Beach, Terminal Island, CA - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**10:04**	3.9	**8:51**	7.3	**3:30**	-1.6	**2:25**	2.2	5:46	8:07	
2	Fri	**10:54**	4.0	**9:40**	7.3	**4:18**	-1.9	**3:17**	2.2	5:46	8:07	
3	Sat	**11:42**	4.1	**10:30**	7.1	**5:05**	-1.9	**4:11**	2.2	5:47	8:07	
4	Sun			**12:31**	4.2	**5:53**	-1.6	**5:08**	2.2	5:47	8:07	
5	Mon			**1:21**	4.3	**6:40**	-1.2	**6:11**	2.3	5:48	8:07	
6	Tue	**12:14**	5.9	**2:13**	4.4	**7:27**	-0.7	**7:23**	2.3	5:48	8:06	
7	Wed	**1:11**	5.1	**3:06**	4.6	**8:13**	0.0	**8:48**	2.3	5:49	8:06	
8	Thu	**2:19**	4.3	**3:58**	4.8	**9:00**	0.6	**10:23**	2.0	5:49	8:06	
9	Fri	**3:45**	3.6	**4:48**	5.1	**9:48**	1.3	**11:50**	1.5	5:50	8:06	
10	Sat	**5:30**	3.2	**5:34**	5.3	**10:39**	1.9			5:50	8:05	
11	Sun	**7:07**	3.2	**6:15**	5.5	**12:58**	1.0	**11:31 AM**	2.3	5:51	8:05	
12	Mon	**8:20**	3.3	**6:54**	5.7	**1:48**	0.5	**12:22**	2.6	5:51	8:05	
13	Tue	**9:11**	3.5	**7:30**	5.8	**2:28**	0.1	**1:08**	2.7	5:52	8:04	
14	Wed	**9:48**	3.6	**8:05**	6.0	**3:03**	-0.2	**1:49**	2.8	5:53	8:04	
15	Thu	**10:18**	3.7	**8:39**	6.1	**3:35**	-0.4	**2:25**	2.7	5:53	8:04	
16	Fri	**10:46**	3.8	**9:13**	6.2	**4:06**	-0.6	**3:00**	2.6	5:54	8:03	
17	Sat	**11:14**	3.8	**9:46**	6.2	**4:36**	-0.6	**3:35**	2.5	5:55	8:03	
18	Sun	**11:43**	3.9	**10:20**	6.1	**5:06**	-0.6	**4:10**	2.5	5:55	8:02	
19	Mon			**12:13**	4.0	**5:36**	-0.5	**4:48**	2.4	5:56	8:02	
20	Tue			**12:45**	4.1	**6:06**	-0.4	**5:31**	2.4	5:57	8:01	
21	Wed			**1:18**	4.2	**6:36**	-0.1	**6:22**	2.4	5:57	8:01	
22	Thu	**12:09**	5.0	**1:54**	4.4	**7:07**	0.3	**7:25**	2.4	5:58	8:00	
23	Fri	**12:58**	4.4	**2:34**	4.7	**7:39**	0.8	**8:45**	2.2	5:59	7:59	
24	Sat	**2:05**	3.8	**3:19**	5.0	**8:15**	1.3	**10:18**	1.7	5:59	7:59	
25	Sun	**3:45**	3.2	**4:11**	5.4	**9:00**	1.9	**11:44**	1.1	6:00	7:58	
26	Mon	**5:48**	3.1	**5:08**	5.8	**10:01**	2.3			6:01	7:57	
27	Tue	**7:25**	3.3	**6:06**	6.3	**12:52**	0.3	**11:15 AM**	2.6	6:01	7:57	
28	Wed	**8:27**	3.6	**7:02**	6.8	**1:47**	-0.5	**12:28**	2.6	6:02	7:56	
29	Thu	**9:14**	3.9	**7:56**	7.1	**2:36**	-1.1	**1:31**	2.5	6:03	7:55	
30	Fri	**9:55**	4.2	**8:46**	7.3	**3:21**	-1.5	**2:27**	2.2	6:03	7:54	
31	Sat	**10:34**	4.4	**9:35**	7.3	**4:04**	-1.6	**3:19**	2.0	6:04	7:53	