US HARBORS www.USHarbors.com

Long Beach, Terminal Island, CA - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**11:12**	4.5	**10:22**	7.0	**4:46**	-1.5	**4:10**	1.8	6:05	7:53	
2	Mon	**11:50**	4.7	**11:09**	6.4	**5:25**	-1.2	**5:02**	1.7	6:06	7:52	
3	Tue			**12:30**	4.8	**6:04**	-0.7	**5:56**	1.7	6:06	7:51	
4	Wed			**1:11**	4.9	**6:41**	0.0	**6:56**	1.8	6:07	7:50	
5	Thu	**12:47**	4.8	**1:54**	4.9	**7:17**	0.7	**8:08**	1.9	6:08	7:49	
6	Fri	**1:49**	4.0	**2:41**	5.0	**7:53**	1.5	**9:37**	1.8	6:08	7:48	
7	Sat	**3:20**	3.3	**3:34**	5.0	**8:32**	2.1	**11:16**	1.5	6:09	7:47	
8	Sun	**5:43**	3.1	**4:34**	5.0	**9:27**	2.7			6:10	7:46	
9	Mon	**7:42**	3.3	**5:34**	5.2	**12:35**	1.0	**10:51 AM**	3.1	6:11	7:45	
10	Tue	**8:35**	3.6	**6:27**	5.4	**1:29**	0.6	**12:11**	3.1	6:11	7:44	
11	Wed	**9:05**	3.8	**7:13**	5.6	**2:09**	0.2	**1:06**	3.0	6:12	7:43	
12	Thu	**9:28**	3.9	**7:52**	5.9	**2:42**	0.0	**1:46**	2.8	6:13	7:42	
13	Fri	**9:48**	4.0	**8:27**	6.1	**3:12**	-0.3	**2:21**	2.5	6:13	7:41	
14	Sat	**10:09**	4.2	**9:00**	6.3	**3:39**	-0.4	**2:53**	2.3	6:14	7:40	
15	Sun	**10:31**	4.3	**9:33**	6.3	**4:06**	-0.5	**3:26**	2.1	6:15	7:39	
16	Mon	**10:54**	4.4	**10:05**	6.2	**4:32**	-0.5	**4:01**	1.9	6:16	7:38	
17	Tue	**11:19**	4.6	**10:39**	5.9	**4:57**	-0.3	**4:38**	1.8	6:16	7:36	
18	Wed	**11:45**	4.8	**11:16**	5.4	**5:23**	0.0	**5:19**	1.7	6:17	7:35	
19	Thu			**12:14**	5.0	**5:48**	0.4	**6:07**	1.6	6:18	7:34	
20	Fri			**12:46**	5.1	**6:15**	0.9	**7:05**	1.6	6:18	7:33	
21	Sat	**12:50**	4.1	**1:25**	5.3	**6:43**	1.5	**8:20**	1.5	6:19	7:32	
22	Sun	**2:06**	3.4	**2:15**	5.4	**7:14**	2.1	**9:57**	1.2	6:20	7:30	
23	Mon	**4:15**	3.0	**3:23**	5.5	**7:58**	2.6	**11:32**	0.7	6:20	7:29	
24	Tue	**6:43**	3.2	**4:43**	5.7	**9:30**	3.0			6:21	7:28	
25	Wed	**7:47**	3.6	**5:57**	6.1	**12:43**	0.0	**11:25 AM**	3.1	6:22	7:27	
26	Thu	**8:25**	4.0	**7:00**	6.5	**1:37**	-0.5	**12:43**	2.8	6:23	7:25	
27	Fri	**8:58**	4.3	**7:54**	6.8	**2:22**	-0.9	**1:42**	2.3	6:23	7:24	
28	Sat	**9:29**	4.6	**8:43**	6.9	**3:03**	-1.1	**2:32**	1.8	6:24	7:23	
29	Sun	**10:00**	4.9	**9:28**	6.8	**3:40**	-1.1	**3:19**	1.4	6:25	7:22	
30	Mon	**10:32**	5.1	**10:11**	6.4	**4:15**	-0.9	**4:04**	1.1	6:25	7:20	
31	Tue	**11:03**	5.3	**10:54**	5.8	**4:48**	-0.4	**4:49**	1.0	6:26	7:19	