











## Long Beach, Terminal Island, CA - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:48	4.5	3:09	4.1	8:01	0.5	8:29	2.7	5:46	8:07	
2	Sun	1:39	3.9	3:49	4.3	8:35	1.0	10:01	2.5	5:46	8:07	
3	Mon	2:51	3.3	4:27	4.5	9:09	1.5	11:28	2.0	5:46	8:07	
4	Tue	4:33	2.9	5:05	4.9	9:48	1.9			5:47	8:07	
5	Wed	6:22	2.9	5:43	5.2	12:33	1.4	10:34 AM	2.3	5:47	8:07	
6	Thu	7:45	3.0	6:23	5.6	1:22	0.8	11:27 AM	2.5	5:48	8:07	
7	Fri	8:41	3.2	7:03	6.0	2:03	0.1	12:22	2.7	5:48	8:06	
8	Sat	9:23	3.5	7:45	6.4	2:42	-0.4	1:13	2.7	5:49	8:06	
9	Sun	10:00	3.7	8:28	6.7	3:20	-0.9	2:02	2.6	5:49	8:06	
10	Mon	10:36	3.8	9:11	7.0	3:59	-1.3	2:49	2.4	5:50	8:06	
11	Tue	11:13	4.0	9:56	7.0	4:38	-1.5	3:37	2.3	5:51	8:05	
12	Wed	11:51	4.1	10:42	6.8	5:18	-1.5	4:27	2.2	5:51	8:05	
13	Thu			12:32	4.3	5:58	-1.3	5:23	2.1	5:52	8:05	
14	Fri			1:14	4.6	6:38	-0.9	6:26	2.0	5:52	8:04	
15	Sat	12:23	5.6	2:00	4.8	7:19	-0.3	7:41	1.9	5:53	8:04	
16	Sun	1:24	4.7	2:48	5.1	8:00	0.4	9:09	1.7	5:54	8:03	
17	Mon	2:43	3.8	3:41	5.4	8:45	1.1	10:46	1.3	5:54	8:03	
18	Tue	4:30	3.2	4:37	5.7	9:36	1.8			5:55	8:02	
19	Wed	6:30	3.1	5:34	6.0	12:11	0.6	10:39 AM	2.3	5:56	8:02	
20	Thu	8:01	3.4	6:28	6.2	1:18	0.0	11:50 AM	2.7	5:56	8:01	
21	Fri	8:59	3.6	7:19	6.4	2:10	-0.5	12:55	2.8	5:57	8:01	
22	Sat	9:41	3.9	8:05	6.5	2:54	-0.8	1:50	2.7	5:58	8:00	
23	Sun	10:15	4.0	8:46	6.5	3:33	-0.9	2:35	2.6	5:58	8:00	
24	Mon	10:45	4.1	9:24	6.4	4:08	-0.9	3:15	2.4	5:59	7:59	
25	Tue	11:13	4.1	9:59	6.3	4:40	-0.8	3:52	2.3	6:00	7:58	
26	Wed	11:40	4.2	10:32	6.0	5:09	-0.6	4:28	2.2	6:00	7:58	
27	Thu			12:08	4.2	5:37	-0.3	5:06	2.2	6:01	7:57	
28	Fri			12:35	4.3	6:03	0.0	5:47	2.2	6:02	7:56	
29	Sat			1:04	4.4	6:28	0.5	6:34	2.3	6:02	7:55	
30	Sun	12:15	4.5	1:34	4.5	6:51	1.0	7:32	2.3	6:03	7:55	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Mon	<b>12:57</b>	3.9	<b>2:08</b>	4.6	<b>7:13</b>	1.5	<b>8:49</b>	2.2	6:04	7:54	