US HARBORS www.USHarbors.com

Long Beach, Terminal Island, CA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:28	4.0	11:07 AM	4.7	5:24	2.5	6:13	0.3	6:57	4:55	
2	Fri	1:06	4.2	11:55 AM	4.0	6:32	2.4	6:45	0.8	6:57	4:56	
3	Sat	1:47	4.4	1:05	3.4	8:00	2.2	7:23	1.3	6:58	4:57	
4	Sun	2:34	4.8	2:57	2.9	9:40	1.7	8:10	1.7	6:58	4:58	
5	Mon	3:26	5.2	5:06	2.8	11:02	1.0	9:14	2.1	6:58	4:58	
6	Tue	4:20	5.7	6:35	3.1			12:03	0.1	6:58	4:59	
7	Wed	5:14	6.2	7:33	3.4			12:53	-0.7	6:58	5:00	
8	Thu	6:07	6.7	8:17	3.7			1:39	-1.3	6:58	5:01	
9	Fri	6:58	7.1	8:58	4.0	12:35	2.2	2:23	-1.8	6:58	5:02	
10	Sat	7:47	7.3	9:38	4.2	1:29	2.0	3:06	-2.0	6:58	5:03	
11	Sun	8:36	7.3	10:17	4.4	2:21	1.8	3:47	-1.9	6:58	5:03	
12	Mon	9:23	7.0	10:58	4.6	3:13	1.6	4:28	-1.6	6:57	5:04	
13	Tue	10:11	6.4	11:39	4.7	4:07	1.5	5:07	-1.1	6:57	5:05	
14	Wed	10:59	5.5			5:04	1.5	5:45	-0.4	6:57	5:06	
15	Thu	12:23	4.8	11:52 AM	4.6	6:09	1.6	6:23	0.3	6:57	5:07	
16	Fri	1:11	4.9	12:57	3.7	7:28	1.7	7:02	1.1	6:57	5:08	
17	Sat	2:03	4.9	2:33	2.9	9:04	1.5	7:44	1.8	6:56	5:09	
18	Sun	3:01	5.0	4:57	2.7	10:42	1.1	8:42	2.4	6:56	5:10	
19	Mon	4:02	5.1	6:50	3.0	11:55	0.6	10:05	2.7	6:56	5:11	
20	Tue	4:59	5.2	7:44	3.3			12:46	0.1	6:55	5:12	
21	Wed	5:48	5.4	8:15	3.5			1:24	-0.2	6:55	5:13	
22	Thu	6:30	5.6	8:39	3.6	12:14	2.7	1:57	-0.5	6:54	5:14	
23	Fri	7:06	5.8	9:00	3.7	12:54	2.5	2:26	-0.7	6:54	5:15	
24	Sat	7:39	6.0	9:21	3.9	1:29	2.3	2:53	-0.8	6:53	5:16	
25	Sun	8:11	6.1	9:43	4.0	2:01	2.1	3:18	-0.8	6:53	5:17	
26	Mon	8:41	6.0	10:06	4.1	2:33	1.9	3:43	-0.8	6:52	5:18	
27	Tue	9:12	5.9	10:31	4.3	3:07	1.8	4:08	-0.6	6:52	5:19	
28	Wed	9:43	5.5	10:57	4.5	3:43	1.7	4:32	-0.4	6:51	5:20	
29	Thu	10:17	5.1	11:25	4.6	4:23	1.6	4:56	0.0	6:51	5:21	
30	Fri	10:54	4.5	11:56	4.8	5:09	1.6	5:20	0.5	6:50	5:22	
31	Sat	11:40	3.8			6:06	1.6	5:46	1.0	6:49	5:23	