US HARBORS www.USHarbors.com

Long Beach, Terminal Island, CA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:45	3.1	6:04	5.7	12:37	0.7	11:12 AM	2.2	5:46	8:07	
2	Thu	8:05	3.3	6:48	5.9	1:35	0.2	12:10	2.5	5:46	8:07	
3	Fri	9:01	3.5	7:29	6.0	2:21	-0.2	1:02	2.6	5:47	8:07	
4	Sat	9:41	3.6	8:06	6.1	2:59	-0.5	1:47	2.7	5:47	8:07	
5	Sun	10:14	3.7	8:41	6.1	3:33	-0.6	2:25	2.6	5:48	8:07	
6	Mon	10:42	3.8	9:15	6.1	4:05	-0.7	3:01	2.5	5:48	8:06	
7	Tue	11:09	3.8	9:47	6.1	4:35	-0.7	3:35	2.4	5:49	8:06	
8	Wed	11:36	3.9	10:19	5.9	5:04	-0.6	4:10	2.4	5:49	8:06	
9	Thu			12:05	4.0	5:32	-0.5	4:47	2.3	5:50	8:06	
10	Fri			12:35	4.1	6:00	-0.3	5:27	2.4	5:50	8:06	
11	Sat			1:06	4.2	6:28	0.1	6:14	2.4	5:51	8:05	
12	Sun			1:40	4.4	6:55	0.4	7:12	2.4	5:51	8:05	
13	Mon	12:41	4.2	2:16	4.6	7:23	0.9	8:25	2.3	5:52	8:05	
14	Tue	1:38	3.6	2:58	4.8	7:53	1.4	9:56	2.0	5:53	8:04	
15	Wed	3:09	3.0	3:48	5.2	8:30	1.9	11:27	1.4	5:53	8:04	
16	Thu	5:22	2.8	4:44	5.5	9:24	2.3			5:54	8:03	
17	Fri	7:11	3.0	5:43	6.0	12:36	0.6	10:41 AM	2.6	5:54	8:03	
18	Sat	8:13	3.3	6:39	6.5	1:30	-0.1	11:59 AM	2.6	5:55	8:02	
19	Sun	8:57	3.7	7:33	7.0	2:17	-0.8	1:05	2.5	5:56	8:02	
20	Mon	9:36	4.0	8:24	7.3	3:01	-1.3	2:03	2.2	5:56	8:01	
21	Tue	10:13	4.3	9:13	7.4	3:43	-1.6	2:57	1.9	5:57	8:01	
22	Wed	10:51	4.5	10:02	7.2	4:24	-1.7	3:50	1.6	5:58	8:00	
23	Thu	11:30	4.8	10:50	6.7	5:04	-1.4	4:43	1.5	5:58	7:59	
24	Fri			12:10	5.0	5:43	-1.0	5:40	1.4	5:59	7:59	
25	Sat			12:52	5.2	6:21	-0.4	6:42	1.4	6:00	7:58	
26	Sun	12:34	5.1	1:37	5.3	6:59	0.4	7:54	1.5	6:00	7:57	
27	Mon	1:36	4.2	2:27	5.3	7:38	1.1	9:20	1.4	6:01	7:57	
28	Tue	3:02	3.4	3:24	5.3	8:20	1.9	10:57	1.2	6:02	7:56	
29	Wed	5:10	3.0	4:28	5.4	9:14	2.5			6:03	7:55	
30	Thu	7:16	3.2	5:33	5.4	12:21	0.8	10:37 AM	2.9	6:03	7:54	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	**8:21**	3.5	**6:29**	5.6	**1:21**	0.4	**12:02**	3.0	6:04	7:54	