





















Long Beach, Terminal Island, CA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:58	3.7	7:16	5.8	2:06	0.0	1:02	2.9	6:05	7:53	
2	Sun	9:24	3.9	7:55	5.9	2:42	-0.2	1:46	2.7	6:05	7:52	
3	Mon	9:46	4.0	8:30	6.1	3:13	-0.3	2:21	2.5	6:06	7:51	
4	Tue	10:07	4.1	9:02	6.1	3:40	-0.4	2:53	2.3	6:07	7:50	
5	Wed	10:27	4.3	9:32	6.1	4:05	-0.4	3:25	2.0	6:08	7:49	
6	Thu	10:49	4.4	10:03	5.9	4:30	-0.3	3:58	1.9	6:08	7:48	
7	Fri	11:13	4.6	10:34	5.6	4:53	-0.2	4:33	1.8	6:09	7:47	
8	Sat	11:37	4.7	11:06	5.2	5:16	0.1	5:11	1.7	6:10	7:46	
9	Sun			12:03	4.9	5:39	0.5	5:53	1.7	6:10	7:45	
10	Mon			12:32	5.0	6:02	0.9	6:44	1.7	6:11	7:44	
11	Tue	12:25	4.1	1:06	5.1	6:24	1.4	7:49	1.7	6:12	7:43	
12	Wed	1:24	3.4	1:50	5.2	6:49	1.9	9:19	1.5	6:13	7:42	
13	Thu	3:11	2.9	2:50	5.3	7:18	2.4	11:01	1.1	6:13	7:41	
14	Fri	6:12	2.9	4:06	5.6	8:19	2.8			6:14	7:40	
15	Sat	7:32	3.3	5:24	5.9	12:19	0.5	10:30 AM	3.0	6:15	7:39	
16	Sun	8:07	3.7	6:30	6.4	1:15	-0.2	12:05	2.8	6:15	7:38	
17	Mon	8:38	4.1	7:26	6.8	2:00	-0.7	1:10	2.4	6:16	7:37	
18	Tue	9:09	4.4	8:18	7.1	2:41	-1.1	2:05	1.8	6:17	7:35	
19	Wed	9:40	4.8	9:06	7.0	3:19	-1.2	2:56	1.3	6:18	7:34	
20	Thu	10:13	5.2	9:53	6.7	3:55	-1.1	3:45	1.0	6:18	7:33	
21	Fri	10:47	5.5	10:40	6.2	4:30	-0.7	4:35	0.7	6:19	7:32	
22	Sat	11:22	5.7	11:28	5.5	5:04	-0.2	5:26	0.7	6:20	7:31	
23	Sun	11:59	5.8			5:37	0.5	6:21	0.8	6:20	7:29	
24	Mon	12:20	4.6	12:38	5.7	6:09	1.2	7:25	1.0	6:21	7:28	
25	Tue	1:23	3.8	1:22	5.4	6:41	1.9	8:44	1.1	6:22	7:27	
26	Wed	2:59	3.2	2:18	5.2	7:14	2.6	10:22	1.1	6:22	7:26	
27	Thu	5:54	3.2	3:36	5.0	8:06	3.1	11:52	0.9	6:23	7:24	
28	Fri	7:35	3.5	5:02	5.0	10:33	3.4			6:24	7:23	
29	Sat	8:05	3.8	6:09	5.2	12:54	0.5	12:09	3.2	6:24	7:22	
30	Sun	8:27	4.0	6:59	5.4	1:37	0.3	1:01	2.9	6:25	7:21	
31	Mon	8:45	4.2	7:38	5.7	2:10	0.1	1:38	2.5	6:26	7:19	