US HARBORS www.USHarbors.com

Long Beach, Terminal Island, CA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:45	7.2	10:31	4.3	2:30	1.9	3:59	-1.8	6:57	4:55	
2	Sat	9:33	6.9	11:14	4.5	3:22	1.7	4:41	-1.6	6:57	4:56	
3	Sun	10:22	6.4			4:17	1.7	5:23	-1.1	6:58	4:57	
4	Mon	12:00	4.6	11:15 AM	5.6	5:20	1.7	6:06	-0.5	6:58	4:57	
5	Tue	12:49	4.8	12:15	4.6	6:34	1.7	6:50	0.2	6:58	4:58	
6	Wed	1:42	5.0	1:32	3.7	8:03	1.6	7:38	1.0	6:58	4:59	
7	Thu	2:40	5.2	3:19	3.1	9:42	1.2	8:33	1.6	6:58	5:00	
8	Fri	3:40	5.4	5:19	3.0	11:09	0.7	9:40	2.1	6:58	5:01	
9	Sat	4:38	5.6	6:48	3.2			12:14	0.1	6:58	5:02	
10	Sun	5:31	5.8	7:45	3.5			1:04	-0.4	6:58	5:02	
11	Mon	6:18	6.0	8:24	3.7			1:45	-0.7	6:58	5:03	
12	Tue	6:58	6.1	8:56	3.8	12:43	2.5	2:19	-0.8	6:57	5:04	
13	Wed	7:35	6.1	9:23	3.9	1:23	2.3	2:50	-0.9	6:57	5:05	
14	Thu	8:08	6.1	9:48	3.9	1:58	2.2	3:19	-0.9	6:57	5:06	
15	Fri	8:39	6.0	10:13	4.0	2:31	2.1	3:46	-0.8	6:57	5:07	
16	Sat	9:10	5.9	10:39	4.1	3:04	2.0	4:12	-0.6	6:57	5:08	
17	Sun	9:40	5.6	11:05	4.2	3:38	1.9	4:38	-0.3	6:56	5:09	
18	Mon	10:11	5.1	11:34	4.3	4:15	1.9	5:03	0.0	6:56	5:10	
19	Tue	10:43	4.6			4:57	2.0	5:27	0.4	6:56	5:11	
20	Wed	12:04	4.4	11:20 AM	4.0	5:47	2.0	5:50	0.9	6:55	5:12	
21	Thu	12:38	4.5	12:07	3.4	6:52	2.0	6:14	1.4	6:55	5:13	
22	Fri	1:20	4.6	1:29	2.7	8:24	1.9	6:42	1.8	6:55	5:14	
23	Sat	2:13	4.8	4:14	2.5	10:10	1.4	7:27	2.3	6:54	5:15	
24	Sun	3:17	5.1	6:23	2.8	11:27	0.7	9:05	2.6	6:54	5:16	
25	Mon	4:22	5.5	7:10	3.1			12:18	0.0	6:53	5:17	
26	Tue	5:22	6.0	7:43	3.5			1:01	-0.7	6:53	5:18	
27	Wed	6:15	6.5	8:15	3.8			1:41	-1.3	6:52	5:19	
28	Thu	7:05	6.9	8:48	4.2	12:48	2.0	2:20	-1.7	6:51	5:19	
29	Fri	7:53	7.1	9:22	4.5	1:39	1.6	2:58	-1.8	6:51	5:20	
30	Sat	8:39	7.0	9:57	4.8	2:29	1.2	3:35	-1.7	6:50	5:21	
31	Sun	9:26	6.7	10:34	5.1	3:19	0.9	4:12	-1.3	6:49	5:22	