US HARBORS www.USHarbors.com

Long Beach, Terminal Island, CA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:04	4.8	1:59	4.1	7:10	0.3	7:14	2.5	5:46	8:07	
2	Fri	12:45	4.2	2:38	4.3	7:41	0.8	8:28	2.5	5:46	8:07	
3	Sat	1:36	3.6	3:20	4.5	8:13	1.3	10:00	2.3	5:46	8:07	
4	Sun	2:55	3.1	4:05	4.7	8:49	1.7	11:29	1.8	5:47	8:07	
5	Mon	4:54	2.8	4:52	5.0	9:34	2.1			5:47	8:07	
6	Tue	6:45	2.8	5:39	5.4	12:34	1.2	10:33 AM	2.4	5:48	8:07	
7	Wed	7:54	3.1	6:25	5.8	1:22	0.5	11:38 AM	2.5	5:48	8:06	
8	Thu	8:41	3.4	7:11	6.3	2:04	-0.1	12:38	2.5	5:49	8:06	
9	Fri	9:19	3.6	7:56	6.7	2:43	-0.7	1:31	2.4	5:49	8:06	
10	Sat	9:55	3.9	8:41	7.0	3:21	-1.1	2:21	2.2	5:50	8:06	
11	Sun	10:31	4.1	9:26	7.1	4:00	-1.4	3:10	2.0	5:51	8:05	
12	Mon	11:08	4.3	10:12	7.0	4:39	-1.5	4:01	1.8	5:51	8:05	
13	Tue	11:48	4.6	11:00	6.6	5:19	-1.4	4:54	1.7	5:52	8:05	
14	Wed			12:29	4.8	5:58	-1.0	5:52	1.6	5:52	8:04	
15	Thu			1:13	5.1	6:38	-0.5	6:59	1.6	5:53	8:04	
16	Fri	12:47	5.1	2:02	5.3	7:19	0.2	8:17	1.5	5:54	8:03	
17	Sat	1:56	4.2	2:56	5.4	8:02	0.9	9:48	1.3	5:54	8:03	
18	Sun	3:28	3.4	3:55	5.6	8:52	1.6	11:22	0.9	5:55	8:02	
19	Mon	5:27	3.1	4:58	5.8	9:54	2.2			5:56	8:02	
20	Tue	7:12	3.3	5:59	5.9	12:38	0.3	11:11 AM	2.6	5:56	8:01	
21	Wed	8:20	3.6	6:53	6.1	1:37	-0.1	12:24	2.7	5:57	8:01	
22	Thu	9:04	3.8	7:40	6.2	2:23	-0.4	1:22	2.6	5:58	8:00	
23	Fri	9:38	4.0	8:21	6.3	3:02	-0.6	2:08	2.5	5:58	8:00	
24	Sat	10:07	4.1	8:57	6.3	3:36	-0.7	2:47	2.3	5:59	7:59	
25	Sun	10:34	4.2	9:31	6.2	4:06	-0.7	3:23	2.2	6:00	7:58	
26	Mon	10:59	4.3	10:02	6.0	4:34	-0.5	3:57	2.1	6:00	7:58	
27	Tue	11:24	4.4	10:34	5.7	5:01	-0.3	4:32	2.0	6:01	7:57	
28	Wed	11:49	4.5	11:05	5.3	5:26	-0.1	5:08	2.0	6:02	7:56	
29	Thu			12:16	4.6	5:50	0.3	5:49	2.0	6:02	7:55	
30	Fri			12:45	4.6	6:14	0.7	6:36	2.0	6:03	7:55	
31	Sat	12:15	4.2	1:17	4.7	6:37	1.2	7:34	2.1	6:04	7:54	