US HARBORS www.USHarbors.com

Long Beach, Terminal Island, CA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:01	3.6	1:55	4.8	6:59	1.7	8:54	2.0	6:05	7:53	
2	Mon	2:12	3.0	2:44	4.9	7:23	2.1	10:36	1.7	6:05	7:52	
3	Tue	4:38	2.7	3:47	5.1	7:56	2.5			6:06	7:51	
4	Wed	7:09	2.9	4:55	5.4	12:01	1.2	9:23 AM	2.9	6:07	7:50	
5	Thu	7:56	3.3	5:58	5.8	12:58	0.6	11:13 AM	2.9	6:07	7:49	
6	Fri	8:26	3.6	6:53	6.3	1:41	-0.1	12:28	2.7	6:08	7:48	
7	Sat	8:54	4.0	7:43	6.8	2:20	-0.6	1:25	2.3	6:09	7:47	
8	Sun	9:24	4.3	8:30	7.1	2:58	-1.0	2:16	1.9	6:10	7:47	
9	Mon	9:56	4.7	9:17	7.1	3:34	-1.2	3:05	1.5	6:10	7:46	
10	Tue	10:30	5.1	10:04	6.9	4:10	-1.2	3:55	1.1	6:11	7:44	
11	Wed	11:05	5.4	10:52	6.3	4:46	-0.9	4:47	0.9	6:12	7:43	
12	Thu	11:43	5.6	11:43	5.6	5:22	-0.4	5:42	0.8	6:12	7:42	
13	Fri			12:24	5.8	5:59	0.3	6:44	0.8	6:13	7:41	
14	Sat	12:40	4.7	1:10	5.8	6:36	1.0	7:57	0.9	6:14	7:40	
15	Sun	1:52	3.8	2:04	5.7	7:16	1.7	9:26	0.9	6:15	7:39	
16	Mon	3:38	3.3	3:11	5.5	8:07	2.4	11:04	0.7	6:15	7:38	
17	Tue	5:58	3.3	4:30	5.5	9:31	2.9			6:16	7:37	
18	Wed	7:26	3.6	5:45	5.6	12:23	0.4	11:19 AM	3.0	6:17	7:36	
19	Thu	8:11	3.9	6:45	5.7	1:21	0.1	12:36	2.8	6:17	7:35	
20	Fri	8:43	4.1	7:32	5.9	2:04	-0.1	1:28	2.5	6:18	7:33	
21	Sat	9:08	4.3	8:11	6.0	2:39	-0.3	2:07	2.2	6:19	7:32	
22	Sun	9:31	4.5	8:45	6.0	3:08	-0.3	2:40	2.0	6:19	7:31	
23	Mon	9:51	4.6	9:16	5.9	3:34	-0.2	3:12	1.7	6:20	7:30	
24	Tue	10:11	4.8	9:46	5.7	3:57	0.0	3:42	1.5	6:21	7:29	
25	Wed	10:32	4.9	10:16	5.4	4:19	0.2	4:14	1.4	6:22	7:27	
26	Thu	10:54	5.0	10:47	5.1	4:40	0.5	4:48	1.3	6:22	7:26	
27	Fri	11:17	5.1	11:21	4.6	5:01	0.9	5:25	1.3	6:23	7:25	
28	Sat	11:42	5.2	11:59	4.1	5:21	1.3	6:06	1.4	6:24	7:23	
29	Sun			12:10	5.2	5:41	1.7	6:58	1.5	6:24	7:22	
30	Mon	12:47	3.5	12:46	5.1	5:59	2.1	8:08	1.5	6:25	7:21	
31	Tue	2:09	3.0	1:35	5.1	6:14	2.5	9:47	1.4	6:26	7:20	