

Long Beach, Terminal Island, CA - Jan 2016

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 3:01 | 4.3 | 2:07 | 3.3 | 9:16 | 2.4 | 8:33 | 1.4 | 6:57 | 4:55 | ☾ |
| 2 | Sat | 3:52 | 4.5 | 3:52 | 3.0 | 10:43 | 2.0 | 9:28 | 1.7 | 6:57 | 4:55 | ☾ |
| 3 | Sun | 4:36 | 4.7 | 5:23 | 3.0 | 11:43 | 1.4 | 10:22 | 1.9 | 6:57 | 4:56 | ☾ |
| 4 | Mon | 5:14 | 5.0 | 6:27 | 3.2 | | | 12:26 | 0.9 | 6:58 | 4:57 | ☾ |
| 5 | Tue | 5:49 | 5.4 | 7:14 | 3.4 | | | 1:02 | 0.4 | 6:58 | 4:58 | ☾ |
| 6 | Wed | 6:23 | 5.7 | 7:52 | 3.6 | | | 1:35 | -0.1 | 6:58 | 4:59 | ☾ |
| 7 | Thu | 6:56 | 6.0 | 8:27 | 3.8 | 12:34 | 2.0 | 2:07 | -0.5 | 6:58 | 4:59 | ☾ |
| 8 | Fri | 7:30 | 6.3 | 9:02 | 4.0 | 1:12 | 1.9 | 2:40 | -0.9 | 6:58 | 5:00 | ☾ |
| 9 | Sat | 8:05 | 6.5 | 9:37 | 4.1 | 1:50 | 1.9 | 3:14 | -1.1 | 6:58 | 5:01 | ☾ |
| 10 | Sun | 8:42 | 6.5 | 10:14 | 4.2 | 2:29 | 1.8 | 3:49 | -1.2 | 6:58 | 5:02 | ☾ |
| 11 | Mon | 9:21 | 6.4 | 10:54 | 4.3 | 3:11 | 1.8 | 4:26 | -1.1 | 6:58 | 5:03 | ☾ |
| 12 | Tue | 10:03 | 6.1 | 11:37 | 4.4 | 3:57 | 1.8 | 5:05 | -0.9 | 6:58 | 5:04 | ☾ |
| 13 | Wed | 10:49 | 5.6 | | | 4:49 | 1.8 | 5:47 | -0.5 | 6:57 | 5:05 | ☾ |
| 14 | Thu | 12:24 | 4.5 | 11:42 AM | 4.9 | 5:52 | 1.9 | 6:32 | 0.0 | 6:57 | 5:06 | ☾ |
| 15 | Fri | 1:17 | 4.7 | 12:49 | 4.2 | 7:11 | 1.9 | 7:22 | 0.6 | 6:57 | 5:06 | ☾ |
| 16 | Sat | 2:16 | 4.9 | 2:20 | 3.5 | 8:47 | 1.7 | 8:22 | 1.1 | 6:57 | 5:07 | ☾ |
| 17 | Sun | 3:19 | 5.2 | 4:11 | 3.3 | 10:22 | 1.1 | 9:30 | 1.5 | 6:57 | 5:08 | ☾ |
| 18 | Mon | 4:20 | 5.5 | 5:46 | 3.4 | 11:36 | 0.4 | 10:39 | 1.8 | 6:56 | 5:09 | ☾ |
| 19 | Tue | 5:16 | 5.9 | 6:54 | 3.6 | | | 12:34 | -0.2 | 6:56 | 5:10 | ☾ |
| 20 | Wed | 6:07 | 6.2 | 7:46 | 3.9 | | | 1:21 | -0.7 | 6:56 | 5:11 | ☾ |
| 21 | Thu | 6:53 | 6.4 | 8:29 | 4.1 | 12:37 | 1.8 | 2:03 | -1.0 | 6:55 | 5:12 | ☾ |
| 22 | Fri | 7:36 | 6.5 | 9:07 | 4.3 | 1:24 | 1.7 | 2:41 | -1.2 | 6:55 | 5:13 | ☾ |
| 23 | Sat | 8:15 | 6.5 | 9:43 | 4.4 | 2:07 | 1.6 | 3:17 | -1.1 | 6:54 | 5:14 | ☾ |
| 24 | Sun | 8:53 | 6.3 | 10:17 | 4.4 | 2:48 | 1.6 | 3:51 | -1.0 | 6:54 | 5:15 | ☾ |
| 25 | Mon | 9:29 | 5.9 | 10:50 | 4.4 | 3:27 | 1.6 | 4:23 | -0.7 | 6:53 | 5:16 | ☾ |
| 26 | Tue | 10:04 | 5.5 | 11:25 | 4.3 | 4:06 | 1.7 | 4:54 | -0.3 | 6:53 | 5:17 | ☾ |
| 27 | Wed | 10:39 | 5.0 | | | 4:48 | 1.8 | 5:25 | 0.1 | 6:52 | 5:18 | ☾ |
| 28 | Thu | 12:00 | 4.3 | 11:17 AM | 4.4 | 5:34 | 2.0 | 5:55 | 0.6 | 6:52 | 5:19 | ☾ |
| 29 | Fri | 12:39 | 4.2 | 12:00 | 3.8 | 6:31 | 2.1 | 6:27 | 1.1 | 6:51 | 5:20 | ☾ |
| 30 | Sat | 1:24 | 4.2 | 1:01 | 3.2 | 7:49 | 2.1 | 7:04 | 1.6 | 6:50 | 5:21 | ☾ |
| 31 | Sun | 2:18 | 4.3 | 2:46 | 2.8 | 9:31 | 1.9 | 7:53 | 2.0 | 6:50 | 5:22 | ☾ |