

















## Long Beach, Terminal Island, CA - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:28	3.9	12:40	3.9	7:32	2.9	7:57	0.9	6:57	4:55	
2	Thu	3:17	4.1	2:02	3.3	9:18	2.6	8:45	1.3	6:57	4:55	
3	Fri	4:00	4.4	3:49	3.0	10:46	2.1	9:33	1.6	6:57	4:56	
4	Sat	4:36	4.7	5:23	3.0	11:44	1.5	10:21	1.9	6:58	4:57	
5	Sun	5:10	5.1	6:32	3.2			12:27	0.9	6:58	4:58	
6	Mon	5:44	5.5	7:23	3.4			1:03	0.2	6:58	4:59	
7	Tue	6:18	5.9	8:05	3.6			1:38	-0.3	6:58	4:59	
8	Wed	6:53	6.3	8:44	3.7	12:31	2.2	2:13	-0.8	6:58	5:00	
9	Thu	7:30	6.6	9:22	3.9	1:11	2.2	2:50	-1.2	6:58	5:01	
10	Fri	8:09	6.8	10:01	4.0	1:52	2.1	3:28	-1.4	6:58	5:02	
11	Sat	8:50	6.8	10:42	4.0	2:35	2.0	4:07	-1.5	6:58	5:03	
12	Sun	9:33	6.7	11:25	4.1	3:21	2.0	4:49	-1.4	6:58	5:04	
13	Mon	10:20	6.3			4:12	2.0	5:31	-1.1	6:57	5:05	
14	Tue	12:11	4.2	11:10 AM	5.7	5:11	2.1	6:16	-0.6	6:57	5:06	
15	Wed	1:02	4.4	12:09	4.9	6:23	2.1	7:03	0.0	6:57	5:07	
16	Thu	1:57	4.7	1:24	4.1	7:52	1.9	7:54	0.6	6:57	5:07	
17	Fri	2:54	5.0	3:03	3.4	9:32	1.5	8:51	1.2	6:56	5:08	
18	Sat	3:52	5.3	4:54	3.2	11:00	0.9	9:55	1.7	6:56	5:09	
19	Sun	4:47	5.7	6:24	3.3			12:07	0.1	6:56	5:10	
20	Mon	5:37	6.0	7:29	3.6			1:00	-0.5	6:55	5:11	
21	Tue	6:24	6.2	8:17	3.8			1:45	-0.9	6:55	5:12	
22	Wed	7:07	6.4	8:57	3.9	12:50	2.2	2:24	-1.1	6:55	5:13	
23	Thu	7:46	6.4	9:32	4.0	1:34	2.1	3:00	-1.2	6:54	5:14	
24	Fri	8:23	6.3	10:04	4.1	2:14	2.1	3:34	-1.1	6:54	5:15	
25	Sat	8:58	6.1	10:35	4.1	2:51	2.0	4:06	-0.9	6:53	5:16	
26	Sun	9:32	5.9	11:06	4.0	3:26	2.0	4:37	-0.7	6:53	5:17	
27	Mon	10:05	5.5	11:38	4.0	4:03	2.0	5:07	-0.3	6:52	5:18	
28	Tue	10:38	5.0			4:42	2.1	5:37	0.1	6:52	5:19	
29	Wed	12:12	4.0	11:14 AM	4.5	5:28	2.2	6:06	0.6	6:51	5:20	
30	Thu	12:48	4.1	11:55 AM	3.8	6:25	2.3	6:35	1.1	6:50	5:21	
31	Fri	1:29	4.2	12:54	3.2	7:45	2.2	7:07	1.6	6:50	5:22	