




























## Long Beach, Terminal Island, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:05	4.8	7:51	3.7			12:48	-0.1	6:21	5:49	
2	Thu	6:00	5.0	8:09	3.8	12:10	2.7	1:24	-0.3	6:19	5:50	
3	Fri	6:42	5.3	8:26	4.0	12:49	2.4	1:52	-0.5	6:18	5:50	
4	Sat	7:18	5.5	8:43	4.1	1:20	2.0	2:17	-0.6	6:17	5:51	
5	Sun	7:49	5.6	9:00	4.3	1:49	1.7	2:40	-0.6	6:16	5:52	
6	Mon	8:19	5.6	9:18	4.5	2:18	1.4	3:02	-0.5	6:14	5:53	
7	Tue	8:50	5.5	9:38	4.7	2:49	1.1	3:23	-0.3	6:13	5:54	
8	Wed	9:21	5.2	9:59	4.8	3:21	0.9	3:43	0.0	6:12	5:55	
9	Thu	9:54	4.8	10:21	5.0	3:56	0.8	4:04	0.4	6:10	5:55	
10	Fri	10:30	4.3	10:46	5.1	4:34	0.7	4:24	0.8	6:09	5:56	
11	Sat	11:13	3.7	11:14	5.1	5:19	0.7	4:43	1.3	6:08	5:57	
12	Sun			1:12	3.1	7:16	0.8	6:01	1.8	7:07	6:58	
13	Mon	12:51	5.1	3:02	2.6	8:36	0.8	6:11	2.3	7:05	6:58	
14	Tue	1:46	5.0			10:22	0.5			7:04	6:59	
15	Wed	3:14	4.9	7:52	3.2	11:53	0.0	10:11	3.1	7:03	7:00	
16	Thu	4:56	5.1	8:01	3.6			12:54	-0.5	7:01	7:01	
17	Fri	6:14	5.5	8:23	4.0	12:07	2.7	1:40	-1.0	7:00	7:02	
18	Sat	7:15	5.9	8:49	4.4	1:12	2.1	2:20	-1.3	6:59	7:02	
19	Sun	8:07	6.2	9:17	4.8	2:03	1.4	2:57	-1.3	6:57	7:03	
20	Mon	8:55	6.2	9:46	5.2	2:50	0.7	3:31	-1.1	6:56	7:04	
21	Tue	9:41	6.0	10:16	5.6	3:35	0.2	4:03	-0.7	6:54	7:05	
22	Wed	10:27	5.5	10:47	5.7	4:21	-0.1	4:34	-0.2	6:53	7:05	
23	Thu	11:13	4.8	11:18	5.8	5:07	-0.3	5:04	0.5	6:52	7:06	
24	Fri			12:04	4.1	5:55	-0.2	5:31	1.2	6:50	7:07	
25	Sat			1:04	3.4	6:48	0.0	5:57	1.9	6:49	7:08	
26	Sun	12:25	5.3	2:36	2.9	7:53	0.4	6:15	2.5	6:48	7:08	
27	Mon	1:06	4.9			9:19	0.6			6:46	7:09	
28	Tue	2:07	4.4			11:02	0.6			6:45	7:10	
29	Wed	3:52	4.2	7:58	3.6			12:17	0.3	6:44	7:11	
30	Thu	5:29	4.3	8:11	3.8	12:06	3.0	1:06	0.1	6:42	7:11	
31	Fri	6:32	4.5	8:25	4.0	12:58	2.6	1:41	-0.1	6:41	7:12	