

































Long Beach, Terminal Island, CA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:41	7.0	8:50	3.8	12:13	2.3	2:11	-1.6	6:57	4:55	
2	Fri	7:30	7.2	9:34	4.0	1:08	2.2	2:56	-1.9	6:57	4:56	
3	Sat	8:18	7.3	10:16	4.1	2:01	2.1	3:40	-1.9	6:58	4:57	
4	Sun	9:05	7.0	10:58	4.2	2:52	2.0	4:22	-1.7	6:58	4:57	
5	Mon	9:52	6.6	11:41	4.3	3:44	2.0	5:04	-1.3	6:58	4:58	
6	Tue	10:38	5.9			4:38	2.0	5:44	-0.7	6:58	4:59	
7	Wed	12:26	4.4	11:26 AM	5.1	5:39	2.1	6:22	-0.1	6:58	5:00	
8	Thu	1:12	4.5	12:20	4.2	6:50	2.1	7:00	0.6	6:58	5:01	
9	Fri	2:00	4.6	1:30	3.4	8:18	2.1	7:38	1.3	6:58	5:02	
10	Sat	2:51	4.7	3:18	2.8	9:59	1.7	8:21	1.9	6:58	5:02	
11	Sun	3:42	4.8	5:36	2.7	11:22	1.2	9:15	2.4	6:58	5:03	
12	Mon	4:31	5.0	7:10	3.0			12:20	0.6	6:57	5:04	
13	Tue	5:17	5.2	7:58	3.2			1:02	0.2	6:57	5:05	
14	Wed	5:58	5.5	8:28	3.4			1:37	-0.2	6:57	5:06	
15	Thu	6:37	5.7	8:52	3.6	12:15	2.7	2:08	-0.5	6:57	5:07	
16	Fri	7:13	6.0	9:15	3.7	12:56	2.6	2:38	-0.8	6:57	5:08	
17	Sat	7:47	6.2	9:39	3.8	1:32	2.4	3:07	-0.9	6:56	5:09	
18	Sun	8:20	6.3	10:04	3.9	2:06	2.2	3:35	-1.0	6:56	5:10	
19	Mon	8:53	6.2	10:31	4.0	2:41	2.1	4:04	-1.0	6:56	5:11	
20	Tue	9:26	6.1	11:00	4.2	3:19	2.0	4:32	-0.8	6:55	5:12	
21	Wed	10:01	5.7	11:30	4.4	4:00	1.9	5:00	-0.5	6:55	5:13	
22	Thu	10:40	5.2			4:47	1.8	5:28	-0.1	6:54	5:14	
23	Fri	12:03	4.6	11:25 AM	4.4	5:43	1.8	5:58	0.5	6:54	5:15	
24	Sat	12:41	4.8	12:24	3.6	6:55	1.7	6:29	1.1	6:53	5:16	
25	Sun	1:26	5.0	1:59	2.9	8:29	1.4	7:06	1.7	6:53	5:17	
26	Mon	2:23	5.3	4:35	2.6	10:13	0.9	8:02	2.3	6:52	5:18	
27	Tue	3:30	5.6	6:36	2.9	11:35	0.1	9:39	2.7	6:52	5:19	
28	Wed	4:39	5.9	7:31	3.4			12:34	-0.6	6:51	5:20	
29	Thu	5:43	6.3	8:09	3.7			1:22	-1.2	6:51	5:21	
30	Fri	6:39	6.7	8:42	4.0	12:21	2.4	2:05	-1.6	6:50	5:22	
31	Sat	7:29	6.9	9:15	4.2	1:17	2.0	2:44	-1.7	6:49	5:22	