





Long Beach, Terminal Island, CA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:27	6.3	8:43	4.6	1:23	1.5	2:21	-1.2	6:20	5:49	
2	Mon	8:09	6.2	9:10	4.9	2:06	1.0	2:51	-1.0	6:19	5:50	
3	Tue	8:49	5.9	9:36	5.1	2:47	0.7	3:19	-0.7	6:18	5:51	
4	Wed	9:27	5.4	10:02	5.2	3:27	0.5	3:45	-0.2	6:17	5:52	
5	Thu	10:05	4.8	10:27	5.2	4:07	0.5	4:09	0.4	6:15	5:52	
6	Fri	10:44	4.2	10:52	5.1	4:48	0.5	4:29	1.0	6:14	5:53	
7	Sat	11:28	3.5	11:18	5.0	5:33	0.7	4:46	1.6	6:13	5:54	
8	Sun			1:25	2.9	7:27	0.9	5:54	2.1	7:11	6:55	
9	Mon	12:48	4.7			8:43	1.1			7:10	6:56	
10	Tue	1:31	4.5			10:37	1.1			7:09	6:56	
11	Wed	2:55	4.2					12:09	0.7	7:07	6:57	
12	Thu	4:49	4.3	8:28	3.4			1:01	0.3	7:06	6:58	
13	Fri	6:03	4.6	8:29	3.6	12:12	3.0	1:36	0.0	7:05	6:59	
14	Sat	6:53	5.0	8:39	3.9	12:59	2.5	2:05	-0.3	7:04	6:59	
15	Sun	7:34	5.3	8:54	4.2	1:36	2.0	2:30	-0.5	7:02	7:00	
16	Mon	8:11	5.5	9:12	4.6	2:10	1.5	2:55	-0.6	7:01	7:01	
17	Tue	8:48	5.6	9:33	5.0	2:45	1.0	3:20	-0.6	6:59	7:02	
18	Wed	9:26	5.5	9:57	5.4	3:22	0.5	3:45	-0.3	6:58	7:03	
19	Thu	10:06	5.2	10:24	5.7	4:01	0.1	4:11	0.0	6:57	7:03	
20	Fri	10:50	4.8	10:54	5.9	4:44	-0.2	4:38	0.5	6:55	7:04	
21	Sat	11:39	4.2	11:28	6.0	5:31	-0.4	5:06	1.1	6:54	7:05	
22	Sun			12:39	3.5	6:26	-0.3	5:34	1.6	6:53	7:06	
23	Mon	12:08	5.8	2:04	2.9	7:33	-0.1	6:04	2.2	6:51	7:06	
24	Tue	12:59	5.6			9:01	0.0			6:50	7:07	
25	Wed	2:12	5.2	6:47	3.2	10:42	-0.1	9:17	3.1	6:49	7:08	
26	Thu	3:54	5.0	7:19	3.6			12:01	-0.4	6:47	7:09	
27	Fri	5:28	5.1	7:47	4.0			12:57	-0.6	6:46	7:09	
28	Sat	6:38	5.2	8:14	4.4	12:47	2.1	1:40	-0.7	6:45	7:10	
29	Sun	7:33	5.4	8:40	4.8	1:39	1.5	2:15	-0.6	6:43	7:11	
30	Mon	8:19	5.3	9:04	5.1	2:22	0.9	2:46	-0.4	6:42	7:12	
31	Tue	9:01	5.2	9:28	5.4	3:02	0.4	3:13	-0.1	6:41	7:12	