US HARBORS www.USHarbors.com

Monterey, CA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:35	6.8	10:16	3.8	1:09	2.8	3:19	-1.5	7:19	5:02	
2	Fri	8:26	6.9	11:02	4.0	2:08	2.9	4:06	-1.7	7:19	5:03	
3	Sat	9:17	6.9	11:45	4.1	3:06	2.8	4:52	-1.8	7:19	5:04	
4	Sun	10:07	6.6			4:03	2.7	5:36	-1.6	7:20	5:05	
5	Mon	12:28	4.2	10:56 AM	6.2	5:02	2.6	6:19	-1.2	7:20	5:06	
6	Tue	1:10	4.4	11:47 AM	5.6	6:02	2.5	7:00	-0.7	7:20	5:07	
7	Wed	1:53	4.5	12:40	4.8	7:08	2.4	7:39	0.0	7:20	5:07	
8	Thu	2:35	4.7	1:41	4.1	8:21	2.2	8:16	0.6	7:19	5:08	
9	Fri	3:17	4.8	2:57	3.4	9:43	2.0	8:54	1.3	7:19	5:09	
10	Sat	3:59	5.0	4:36	3.0	11:06	1.5	9:34	2.0	7:19	5:10	
11	Sun	4:41	5.1	6:33	2.9			12:16	1.1	7:19	5:11	
12	Mon	5:23	5.2	8:11	3.1			1:12	0.6	7:19	5:12	
13	Tue	6:06	5.3	9:12	3.3			1:57	0.2	7:19	5:13	
14	Wed	6:47	5.5	9:51	3.5	12:13	3.1	2:37	-0.1	7:18	5:14	
15	Thu	7:28	5.6	10:21	3.6	1:05	3.1	3:13	-0.4	7:18	5:15	
16	Fri	8:07	5.7	10:48	3.7	1:51	3.1	3:47	-0.6	7:18	5:16	
17	Sat	8:44	5.8	11:14	3.7	2:32	3.0	4:19	-0.8	7:17	5:17	
18	Sun	9:20	5.9	11:41	3.8	3:13	2.9	4:51	-0.8	7:17	5:18	
19	Mon	9:56	5.8			3:54	2.7	5:22	-0.8	7:17	5:19	
20	Tue	12:08	3.9	10:33 AM	5.6	4:38	2.6	5:52	-0.6	7:16	5:20	
21	Wed	12:36	4.1	11:13 AM	5.2	5:26	2.4	6:22	-0.3	7:16	5:21	
22	Thu	1:05	4.3	11:58 AM	4.7	6:20	2.3	6:52	0.1	7:15	5:22	
23	Fri	1:36	4.6	12:53	4.1	7:23	2.0	7:23	0.7	7:15	5:23	
24	Sat	2:10	4.9	2:05	3.5	8:36	1.7	7:56	1.3	7:14	5:24	
25	Sun	2:50	5.2	3:44	3.0	9:59	1.2	8:34	1.9	7:13	5:25	
26	Mon	3:37	5.5	5:49	2.9	11:21	0.6	9:24	2.4	7:13	5:27	
27	Tue	4:31	5.8	7:36	3.1			12:31	-0.1	7:12	5:28	
28	Wed	5:30	6.0	8:40	3.4			1:30	-0.7	7:11	5:29	
29	Thu	6:31	6.3	9:24	3.7			2:22	-1.1	7:11	5:30	
30	Fri	7:28	6.5	10:01	3.9	1:11	2.9	3:09	-1.4	7:10	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	**8:22**	6.5	**10:36**	4.1	**2:13**	2.6	**3:52**	-1.5	7:09	5:32	