

National City, San Diego Bay, CA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:25	4.9	3:59	3.1	10:43	1.8	9:02	2.0	6:50	4:53	
2	Fri	4:11	5.4	5:38	3.2	11:46	0.9	10:05	2.3	6:50	4:54	
3	Sat	4:57	5.9	6:51	3.4			12:37	0.1	6:51	4:55	
4	Sun	5:43	6.4	7:43	3.7			1:23	-0.7	6:51	4:55	
5	Mon	6:30	6.9	8:27	4.0	12:04	2.4	2:06	-1.3	6:51	4:56	
6	Tue	7:17	7.3	9:07	4.2	12:59	2.3	2:49	-1.7	6:51	4:57	
7	Wed	8:04	7.6	9:47	4.4	1:50	2.1	3:31	-2.0	6:51	4:58	
8	Thu	8:51	7.6	10:29	4.6	2:40	1.9	4:13	-1.9	6:51	4:59	
9	Fri	9:38	7.4	11:12	4.8	3:31	1.7	4:54	-1.7	6:51	4:59	
10	Sat	10:27	6.8	11:57	4.9	4:25	1.6	5:35	-1.2	6:51	5:00	
11	Sun	11:18	6.0			5:25	1.7	6:16	-0.5	6:51	5:01	
12	Mon	12:44	5.1	12:15	5.0	6:32	1.7	6:57	0.2	6:51	5:02	
13	Tue	1:34	5.2	1:25	4.0	7:55	1.7	7:39	1.0	6:51	5:03	
14	Wed	2:29	5.4	3:03	3.3	9:38	1.4	8:30	1.7	6:50	5:04	
15	Thu	3:29	5.5	5:11	3.1	11:15	0.9	9:36	2.2	6:50	5:05	
16	Fri	4:29	5.7	6:57	3.3			12:24	0.3	6:50	5:06	
17	Sat	5:23	5.8	7:54	3.6			1:15	-0.2	6:50	5:07	
18	Sun	6:11	6.0	8:28	3.8			1:55	-0.5	6:50	5:07	
19	Mon	6:54	6.1	8:54	3.9	12:44	2.6	2:28	-0.7	6:49	5:08	
20	Tue	7:32	6.3	9:18	4.0	1:26	2.4	2:57	-0.8	6:49	5:09	
21	Wed	8:06	6.4	9:41	4.1	2:02	2.2	3:24	-0.8	6:48	5:10	
22	Thu	8:37	6.4	10:05	4.2	2:35	2.0	3:50	-0.7	6:48	5:11	
23	Fri	9:08	6.2	10:31	4.3	3:07	1.9	4:16	-0.6	6:48	5:12	
24	Sat	9:37	6.0	10:58	4.4	3:40	1.8	4:41	-0.4	6:47	5:13	
25	Sun	10:07	5.6	11:25	4.5	4:16	1.8	5:04	-0.1	6:47	5:14	
26	Mon	10:38	5.1	11:53	4.6	4:55	1.8	5:27	0.3	6:46	5:15	
27	Tue	11:13	4.5			5:42	1.9	5:47	0.7	6:46	5:16	
28	Wed	12:24	4.7	11:58 AM	3.8	6:42	1.9	6:06	1.2	6:45	5:17	
29	Thu	1:01	4.8	1:12	3.0	8:07	1.8	6:26	1.7	6:45	5:18	
30	Fri	1:52	5.0	3:44	2.6	10:00	1.4	6:49	2.2	6:44	5:19	
31	Sat	3:03	5.2	6:26	2.9	11:27	0.7	8:25	2.7	6:43	5:20	