

National City, San Diego Bay, CA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			1:16	4.8	6:47	-0.3	6:44	2.2	5:44	8:00	
2	Fri	12:28	5.5	2:04	4.9	7:27	0.1	7:55	2.2	5:44	8:00	
3	Sat	1:28	4.8	2:58	5.2	8:11	0.6	9:20	2.0	5:45	8:00	
4	Sun	2:45	4.2	3:57	5.5	9:03	1.1	10:54	1.5	5:45	8:00	
5	Mon	4:21	3.8	4:57	5.9	10:06	1.5			5:46	7:59	
6	Tue	5:55	3.7	5:53	6.3	12:12	0.9	11:13 AM	1.8	5:46	7:59	
7	Wed	7:12	3.9	6:46	6.7	1:15	0.1	12:16	1.9	5:47	7:59	
8	Thu	8:13	4.2	7:36	7.1	2:08	-0.5	1:15	1.9	5:47	7:59	
9	Fri	9:03	4.4	8:23	7.2	2:55	-0.9	2:09	1.8	5:48	7:59	
10	Sat	9:46	4.7	9:07	7.3	3:38	-1.1	2:58	1.8	5:48	7:58	
11	Sun	10:27	4.8	9:49	7.1	4:18	-1.2	3:44	1.7	5:49	7:58	
12	Mon	11:06	4.9	10:30	6.8	4:56	-1.0	4:28	1.7	5:49	7:58	
13	Tue	11:46	5.0	11:10	6.3	5:32	-0.7	5:12	1.8	5:50	7:57	
14	Wed			12:25	5.0	6:08	-0.3	5:57	1.9	5:51	7:57	
15	Thu			1:06	4.9	6:42	0.2	6:47	2.1	5:51	7:57	
16	Fri	12:32	5.1	1:47	4.9	7:16	0.7	7:44	2.2	5:52	7:56	
17	Sat	1:20	4.4	2:33	4.9	7:50	1.2	8:56	2.3	5:52	7:56	
18	Sun	2:21	3.8	3:26	4.9	8:28	1.7	10:33	2.1	5:53	7:55	
19	Mon	3:53	3.3	4:25	5.0	9:17	2.2			5:54	7:55	
20	Tue	5:45	3.2	5:22	5.3	12:03	1.7	10:26 AM	2.5	5:54	7:54	
21	Wed	7:10	3.4	6:11	5.6	1:03	1.2	11:35 AM	2.6	5:55	7:54	
22	Thu	8:01	3.7	6:55	5.9	1:46	0.8	12:32	2.5	5:56	7:53	
23	Fri	8:36	4.0	7:35	6.3	2:22	0.3	1:20	2.4	5:56	7:53	
24	Sat	9:07	4.2	8:14	6.6	2:55	-0.1	2:04	2.2	5:57	7:52	
25	Sun	9:37	4.5	8:51	6.8	3:27	-0.4	2:46	2.0	5:58	7:51	
26	Mon	10:08	4.7	9:28	6.9	3:59	-0.6	3:26	1.8	5:58	7:51	
27	Tue	10:41	5.0	10:07	6.8	4:31	-0.7	4:07	1.6	5:59	7:50	
28	Wed	11:15	5.2	10:47	6.6	5:04	-0.6	4:51	1.5	6:00	7:49	
29	Thu	11:53	5.4	11:31	6.1	5:39	-0.4	5:39	1.5	6:00	7:48	
30	Fri			12:34	5.5	6:14	0.0	6:35	1.5	6:01	7:48	
31	Sat	12:22	5.4	1:19	5.6	6:52	0.5	7:41	1.5	6:02	7:47	