US HARBORS www.USHarbors.com

National City, San Diego Bay, CA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:06	4.5	1:16	3.9	8:09	2.5	7:58	1.2	6:50	4:53	
2	Mon	3:04	4.8	3:00	3.6	9:49	2.1	9:01	1.5	6:50	4:54	
3	Tue	3:59	5.3	4:37	3.5	11:05	1.3	10:08	1.6	6:51	4:55	
4	Wed	4:50	5.8	5:53	3.8			12:03	0.5	6:51	4:55	
5	Thu	5:38	6.4	6:54	4.1			12:53	-0.3	6:51	4:56	
6	Fri	6:25	6.9	7:45	4.4	12:04	1.6	1:40	-1.0	6:51	4:57	
7	Sat	7:12	7.3	8:31	4.7	12:56	1.5	2:24	-1.5	6:51	4:58	
8	Sun	7:57	7.5	9:16	4.9	1:47	1.4	3:07	-1.8	6:51	4:59	
9	Mon	8:43	7.5	10:01	5.0	2:36	1.3	3:50	-1.8	6:51	4:59	
10	Tue	9:29	7.2	10:47	5.1	3:25	1.2	4:33	-1.6	6:51	5:00	
11	Wed	10:15	6.7	11:34	5.1	4:16	1.3	5:16	-1.1	6:51	5:01	
12	Thu	11:05	6.0			5:10	1.5	5:59	-0.6	6:51	5:02	
13	Fri	12:24	5.1	11:58 AM	5.2	6:11	1.7	6:44	0.1	6:51	5:03	
14	Sat	1:17	5.0	1:00	4.4	7:23	1.9	7:31	0.8	6:50	5:04	
15	Sun	2:16	5.0	2:20	3.7	8:56	1.8	8:27	1.4	6:50	5:05	
16	Mon	3:20	5.1	4:06	3.3	10:38	1.5	9:34	1.8	6:50	5:06	
17	Tue	4:21	5.2	5:43	3.4	11:53	1.0	10:40	2.0	6:50	5:07	
18	Wed	5:13	5.4	6:50	3.6			12:44	0.5	6:49	5:07	
19	Thu	5:57	5.7	7:34	3.8			1:23	0.1	6:49	5:08	
20	Fri	6:35	5.9	8:06	4.0	12:22	2.1	1:55	-0.2	6:49	5:09	
21	Sat	7:10	6.1	8:33	4.1	1:02	2.0	2:23	-0.4	6:48	5:10	
22	Sun	7:43	6.2	9:00	4.3	1:38	1.9	2:51	-0.5	6:48	5:11	
23	Mon	8:14	6.3	9:28	4.4	2:12	1.8	3:18	-0.6	6:48	5:12	
24	Tue	8:45	6.2	9:57	4.5	2:45	1.7	3:46	-0.6	6:47	5:13	
25	Wed	9:16	6.1	10:28	4.6	3:19	1.6	4:15	-0.5	6:47	5:14	
26	Thu	9:47	5.9	11:00	4.6	3:54	1.6	4:43	-0.3	6:46	5:15	
27	Fri	10:21	5.5	11:34	4.7	4:33	1.6	5:13	0.0	6:46	5:16	
28	Sat	11:00	5.0			5:17	1.7	5:43	0.4	6:45	5:17	
29	Sun	12:13	4.7	11:47 AM	4.4	6:13	1.8	6:17	0.8	6:45	5:18	
30	Mon	12:59	4.8	12:54	3.7	7:28	1.8	6:58	1.3	6:44	5:19	
31	Tue	1:57	4.9	2:36	3.2	9:07	1.6	7:59	1.7	6:43	5:20	