

National City, San Diego Bay, CA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:20	4.0	7:40	6.3	2:19	0.2	1:22	2.0	5:44	8:00	
2	Sun	9:03	4.1	8:15	6.4	2:57	-0.1	2:03	2.1	5:44	8:00	
3	Mon	9:39	4.2	8:48	6.4	3:31	-0.3	2:40	2.1	5:45	8:00	
4	Tue	10:12	4.3	9:20	6.4	4:01	-0.4	3:14	2.1	5:45	8:00	
5	Wed	10:44	4.3	9:51	6.4	4:31	-0.4	3:48	2.1	5:46	7:59	
6	Thu	11:17	4.4	10:23	6.2	5:02	-0.3	4:22	2.2	5:46	7:59	
7	Fri	11:52	4.4	10:54	6.0	5:32	-0.2	4:58	2.2	5:47	7:59	
8	Sat			12:28	4.4	6:04	0.0	5:37	2.3	5:47	7:59	
9	Sun			1:06	4.5	6:36	0.2	6:23	2.4	5:48	7:59	
10	Mon	12:04	5.2	1:47	4.5	7:09	0.5	7:19	2.5	5:48	7:58	
11	Tue	12:48	4.7	2:33	4.6	7:45	0.9	8:31	2.5	5:49	7:58	
12	Wed	1:47	4.2	3:26	4.9	8:27	1.3	10:03	2.3	5:49	7:58	
13	Thu	3:14	3.7	4:23	5.2	9:20	1.6	11:29	1.7	5:50	7:58	
14	Fri	4:56	3.6	5:18	5.6	10:25	1.9			5:50	7:57	
15	Sat	6:20	3.7	6:09	6.2	12:35	1.0	11:32 AM	2.0	5:51	7:57	
16	Sun	7:27	4.0	6:59	6.7	1:28	0.3	12:32	2.0	5:52	7:56	
17	Mon	8:21	4.3	7:47	7.2	2:17	-0.4	1:28	1.8	5:52	7:56	
18	Tue	9:08	4.7	8:34	7.5	3:02	-1.0	2:21	1.7	5:53	7:56	
19	Wed	9:53	5.0	9:21	7.6	3:45	-1.3	3:12	1.5	5:53	7:55	
20	Thu	10:36	5.2	10:08	7.5	4:28	-1.5	4:02	1.3	5:54	7:55	
21	Fri	11:21	5.4	10:56	7.1	5:11	-1.3	4:53	1.3	5:55	7:54	
22	Sat			12:07	5.5	5:53	-1.0	5:47	1.4	5:55	7:53	
23	Sun			12:55	5.5	6:37	-0.5	6:46	1.5	5:56	7:53	
24	Mon	12:39	5.8	1:46	5.5	7:20	0.1	7:52	1.7	5:57	7:52	
25	Tue	1:38	4.9	2:41	5.5	8:07	0.8	9:12	1.8	5:57	7:52	
26	Wed	2:51	4.2	3:43	5.5	8:59	1.4	10:50	1.6	5:58	7:51	
27	Thu	4:26	3.7	4:48	5.5	10:03	2.0			5:59	7:50	
28	Fri	6:07	3.7	5:46	5.7	12:15	1.3	11:13 AM	2.3	5:59	7:50	
29	Sat	7:25	3.8	6:37	5.9	1:17	0.8	12:15	2.4	6:00	7:49	
30	Sun	8:16	4.1	7:20	6.1	2:04	0.5	1:07	2.4	6:01	7:48	
31	Mon	8:52	4.2	7:58	6.2	2:40	0.2	1:50	2.3	6:01	7:47	