

National City, San Diego Bay, CA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:51	3.3	5:41	5.5	12:20	1.5	10:46 AM	2.2	5:44	8:00	
2	Mon	7:23	3.3	6:23	5.7	1:20	1.0	11:38 AM	2.5	5:44	8:00	
3	Tue	8:28	3.5	7:03	5.9	2:05	0.5	12:28	2.7	5:45	8:00	
4	Wed	9:08	3.7	7:41	6.1	2:42	0.1	1:16	2.7	5:45	8:00	
5	Thu	9:39	3.8	8:18	6.3	3:16	-0.2	1:59	2.6	5:46	7:59	
6	Fri	10:08	4.0	8:53	6.5	3:48	-0.4	2:39	2.5	5:46	7:59	
7	Sat	10:37	4.1	9:26	6.6	4:19	-0.6	3:17	2.4	5:47	7:59	
8	Sun	11:08	4.2	10:00	6.6	4:50	-0.7	3:54	2.4	5:47	7:59	
9	Mon	11:40	4.3	10:34	6.5	5:22	-0.7	4:32	2.3	5:48	7:59	
10	Tue			12:13	4.5	5:53	-0.5	5:13	2.3	5:48	7:58	
11	Wed			12:48	4.6	6:24	-0.3	6:02	2.3	5:49	7:58	
12	Thu			1:25	4.8	6:55	0.1	7:00	2.2	5:49	7:58	
13	Fri	12:37	5.1	2:06	5.1	7:27	0.6	8:12	2.1	5:50	7:58	
14	Sat	1:37	4.3	2:53	5.4	8:02	1.1	9:44	1.8	5:50	7:57	
15	Sun	3:05	3.6	3:49	5.7	8:45	1.7	11:20	1.3	5:51	7:57	
16	Mon	5:02	3.3	4:51	6.1	9:46	2.2			5:52	7:56	
17	Tue	6:48	3.4	5:52	6.5	12:37	0.5	11:05 AM	2.5	5:52	7:56	
18	Wed	8:02	3.7	6:50	6.9	1:38	-0.3	12:20	2.5	5:53	7:56	
19	Thu	8:53	4.1	7:44	7.3	2:30	-0.9	1:25	2.4	5:53	7:55	
20	Fri	9:34	4.4	8:34	7.5	3:15	-1.3	2:22	2.2	5:54	7:55	
21	Sat	10:12	4.7	9:21	7.6	3:57	-1.4	3:14	1.9	5:55	7:54	
22	Sun	10:49	4.9	10:06	7.3	4:36	-1.4	4:02	1.7	5:55	7:53	
23	Mon	11:26	5.0	10:48	6.9	5:13	-1.1	4:49	1.6	5:56	7:53	
24	Tue			12:04	5.2	5:48	-0.7	5:37	1.6	5:57	7:52	
25	Wed			12:41	5.2	6:21	-0.2	6:27	1.7	5:57	7:52	
26	Thu	12:15	5.5	1:19	5.2	6:52	0.5	7:23	1.9	5:58	7:51	
27	Fri	1:02	4.7	1:59	5.2	7:21	1.1	8:29	2.0	5:59	7:50	
28	Sat	1:59	3.9	2:44	5.1	7:48	1.8	10:00	1.9	5:59	7:50	
29	Sun	3:25	3.3	3:40	5.1	8:16	2.4	11:45	1.6	6:00	7:49	
30	Mon	6:00	3.1	4:46	5.2	8:56	2.8			6:01	7:48	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	8:15	3.4	5:47	5.4	12:59	1.1	10:47 AM	3.1	6:01	7:47	