






National City, San Diego Bay, CA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:45	4.7	3:31	4.8	8:39	0.8	9:38	2.4	5:44	8:00	
2	Wed	2:51	4.0	4:19	4.9	9:18	1.4	11:13	2.1	5:45	8:00	
3	Thu	4:20	3.4	5:05	5.2	10:01	1.9			5:45	8:00	
4	Fri	6:00	3.2	5:46	5.4	12:29	1.6	10:49 AM	2.3	5:45	8:00	
5	Sat	7:30	3.3	6:26	5.7	1:25	1.0	11:40 AM	2.6	5:46	7:59	
6	Sun	8:33	3.5	7:05	5.9	2:08	0.5	12:29	2.7	5:46	7:59	
7	Mon	9:13	3.7	7:43	6.2	2:45	0.1	1:17	2.8	5:47	7:59	
8	Tue	9:45	3.9	8:20	6.4	3:20	-0.3	2:02	2.7	5:47	7:59	
9	Wed	10:16	4.0	8:57	6.6	3:53	-0.5	2:43	2.6	5:48	7:59	
10	Thu	10:47	4.1	9:32	6.8	4:26	-0.7	3:22	2.5	5:49	7:58	
11	Fri	11:19	4.2	10:08	6.8	5:00	-0.8	4:01	2.4	5:49	7:58	
12	Sat	11:54	4.3	10:45	6.6	5:34	-0.8	4:42	2.3	5:50	7:58	
13	Sun			12:29	4.5	6:07	-0.7	5:28	2.3	5:50	7:57	
14	Mon			1:07	4.7	6:41	-0.4	6:22	2.3	5:51	7:57	
15	Tue	12:10	5.7	1:47	4.9	7:15	0.1	7:28	2.2	5:51	7:57	
16	Wed	1:04	5.0	2:31	5.2	7:50	0.6	8:49	2.0	5:52	7:56	
17	Thu	2:14	4.2	3:22	5.6	8:29	1.2	10:27	1.6	5:53	7:56	
18	Fri	3:54	3.5	4:19	5.9	9:17	1.8	11:57	0.9	5:53	7:55	
19	Sat	5:51	3.3	5:20	6.3	10:24	2.3			5:54	7:55	
20	Sun	7:28	3.5	6:18	6.7	1:08	0.2	11:40 AM	2.6	5:55	7:54	
21	Mon	8:33	3.9	7:14	7.0	2:05	-0.5	12:49	2.6	5:55	7:54	
22	Tue	9:18	4.2	8:06	7.3	2:53	-1.0	1:51	2.5	5:56	7:53	
23	Wed	9:57	4.4	8:54	7.4	3:36	-1.2	2:44	2.3	5:56	7:53	
24	Thu	10:33	4.6	9:38	7.3	4:16	-1.3	3:32	2.0	5:57	7:52	
25	Fri	11:08	4.8	10:20	7.1	4:53	-1.2	4:17	1.9	5:58	7:51	
26	Sat	11:43	4.9	11:00	6.6	5:28	-0.9	5:01	1.9	5:58	7:51	
27	Sun			12:18	4.9	6:01	-0.4	5:45	1.9	5:59	7:50	
28	Mon			12:53	5.0	6:31	0.1	6:33	2.0	6:00	7:49	
29	Tue	12:19	5.3	1:28	5.0	6:59	0.7	7:27	2.1	6:00	7:48	
30	Wed	1:04	4.5	2:05	5.0	7:24	1.3	8:34	2.1	6:01	7:48	
31	Thu	2:00	3.8	2:47	5.0	7:47	1.9	10:08	2.1	6:02	7:47	