

































National City, San Diego Bay, CA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:48	7.3	8:41	4.2	12:27	2.2	2:20	-1.6	6:50	4:53	
2	Fri	7:36	7.6	9:24	4.4	1:22	2.1	3:04	-1.9	6:50	4:54	
3	Sat	8:24	7.6	10:07	4.5	2:14	2.0	3:47	-1.9	6:50	4:55	
4	Sun	9:10	7.4	10:49	4.6	3:03	1.9	4:29	-1.7	6:51	4:56	
5	Mon	9:55	7.0	11:33	4.7	3:53	1.8	5:10	-1.3	6:51	4:56	
6	Tue	10:41	6.3			4:44	1.9	5:49	-0.7	6:51	4:57	
7	Wed	12:17	4.7	11:28 AM	5.5	5:41	2.0	6:26	-0.1	6:51	4:58	
8	Thu	1:01	4.8	12:20	4.6	6:45	2.1	7:02	0.6	6:51	4:59	
9	Fri	1:49	4.9	1:22	3.8	8:05	2.1	7:38	1.3	6:51	5:00	
10	Sat	2:40	4.9	2:56	3.1	9:50	1.9	8:19	1.9	6:51	5:01	
11	Sun	3:35	5.1	5:06	2.9	11:22	1.3	9:15	2.4	6:51	5:01	
12	Mon	4:27	5.2	6:58	3.1			12:24	0.8	6:51	5:02	
13	Tue	5:15	5.4	7:49	3.4			1:08	0.3	6:50	5:03	
14	Wed	5:59	5.7	8:18	3.6			1:43	-0.2	6:50	5:04	
15	Thu	6:39	5.9	8:41	3.8	12:18	2.7	2:14	-0.5	6:50	5:05	
16	Fri	7:16	6.2	9:04	3.9	1:02	2.5	2:44	-0.7	6:50	5:06	
17	Sat	7:50	6.4	9:29	4.0	1:41	2.3	3:13	-0.9	6:50	5:07	
18	Sun	8:23	6.5	9:56	4.2	2:17	2.1	3:42	-1.0	6:49	5:08	
19	Mon	8:56	6.5	10:25	4.3	2:52	2.0	4:11	-0.9	6:49	5:09	
20	Tue	9:28	6.4	10:55	4.5	3:28	1.9	4:40	-0.8	6:49	5:10	
21	Wed	10:03	6.0	11:27	4.6	4:08	1.8	5:08	-0.5	6:48	5:11	
22	Thu	10:41	5.5			4:54	1.8	5:36	-0.1	6:48	5:11	
23	Fri	12:02	4.8	11:26 AM	4.7	5:49	1.8	6:04	0.5	6:47	5:12	
24	Sat	12:40	5.0	12:25	3.9	6:59	1.7	6:34	1.1	6:47	5:13	
25	Sun	1:27	5.2	1:58	3.1	8:33	1.5	7:10	1.7	6:46	5:14	
26	Mon	2:27	5.4	4:21	2.8	10:22	0.9	8:10	2.3	6:46	5:15	
27	Tue	3:38	5.7	6:24	3.1	11:43	0.1	10:00	2.6	6:45	5:16	
28	Wed	4:48	6.1	7:23	3.6			12:43	-0.6	6:45	5:17	
29	Thu	5:50	6.5	8:00	4.0			1:31	-1.2	6:44	5:18	
30	Fri	6:45	6.9	8:34	4.3	12:33	2.2	2:14	-1.6	6:44	5:19	
31	Sat	7:34	7.2	9:07	4.6	1:28	1.9	2:52	-1.8	6:43	5:20	