



































North Spit, Humboldt Bay, CA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:58	6.2	1:55	6.6	8:14	3.0	8:40	0.0	7:41	5:00	
2	Tue	3:35	6.5	2:53	5.9	9:15	2.7	9:19	0.6	7:41	5:00	
3	Wed	4:14	6.8	4:04	5.3	10:24	2.3	10:02	1.4	7:41	5:01	
4	Thu	4:57	7.1	5:28	4.8	11:36	1.7	10:51	2.1	7:41	5:02	
5	Fri	5:44	7.5	7:02	4.6			12:48	1.0	7:41	5:03	
6	Sat	6:36	7.8	8:34	4.7			1:55	0.2	7:41	5:04	
7	Sun	7:31	8.1	9:50	5.1	12:57	3.3	2:55	-0.5	7:41	5:05	
8	Mon	8:27	8.3	10:49	5.5	2:07	3.6	3:48	-1.0	7:40	5:06	
9	Tue	9:22	8.4	11:37	5.8	3:11	3.6	4:38	-1.4	7:40	5:07	
10	Wed	10:15	8.4			4:10	3.4	5:23	-1.5	7:40	5:08	
11	Thu	12:19	6.0	11:05 AM	8.3	5:04	3.2	6:06	-1.4	7:40	5:09	
12	Fri	12:59	6.2	11:52 AM	8.0	5:55	3.0	6:46	-1.1	7:39	5:10	
13	Sat	1:37	6.3	12:38	7.5	6:45	2.8	7:24	-0.7	7:39	5:11	
14	Sun	2:13	6.4	1:24	6.9	7:35	2.6	8:01	-0.1	7:39	5:12	
15	Mon	2:48	6.5	2:11	6.2	8:27	2.5	8:35	0.6	7:38	5:13	
16	Tue	3:23	6.6	3:02	5.5	9:22	2.4	9:09	1.4	7:38	5:15	
17	Wed	3:58	6.6	4:01	4.8	10:22	2.3	9:44	2.1	7:37	5:16	
18	Thu	4:35	6.7	5:14	4.4	11:26	2.1	10:21	2.8	7:37	5:17	
19	Fri	5:17	6.7	6:44	4.1			12:34	1.7	7:36	5:18	
20	Sat	6:03	6.8	8:27	4.3			1:37	1.3	7:36	5:19	
21	Sun	6:54	6.9	9:45	4.6	12:11	3.8	2:32	0.9	7:35	5:20	
22	Mon	7:46	7.0	10:31	4.9	1:23	4.0	3:20	0.4	7:34	5:22	
23	Tue	8:36	7.2	11:06	5.1	2:26	4.0	4:02	0.0	7:34	5:23	
24	Wed	9:23	7.4	11:37	5.4	3:20	3.9	4:40	-0.4	7:33	5:24	
25	Thu	10:08	7.6			4:07	3.6	5:16	-0.7	7:32	5:25	
26	Fri	12:07	5.7	10:50 AM	7.7	4:52	3.3	5:50	-0.9	7:32	5:26	
27	Sat	12:37	5.9	11:33 AM	7.7	5:36	2.9	6:24	-0.8	7:31	5:28	
28	Sun	1:08	6.2	12:17	7.4	6:21	2.6	6:58	-0.6	7:30	5:29	
29	Mon	1:39	6.5	1:04	7.0	7:09	2.2	7:32	-0.1	7:29	5:30	
30	Tue	2:12	6.8	1:55	6.4	8:01	1.8	8:08	0.5	7:28	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	2:47	7.1	2:54	5.8	8:58	1.5	8:45	1.3	7:27	5:33	