



































Oakland - Inner Harbor, CA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:10	7.6	11:22	5.3	2:46	3.1	4:32	-1.7	7:24	5:01	
2	Fri	10:02	7.7			3:49	3.2	5:20	-1.9	7:24	5:01	
3	Sat	12:12	5.5	10:54 AM	7.7	4:47	3.1	6:07	-2.0	7:24	5:02	
4	Sun	12:59	5.6	11:45 AM	7.4	5:42	3.0	6:52	-1.7	7:24	5:03	
5	Mon	1:44	5.7	12:36	6.9	6:39	2.8	7:35	-1.3	7:24	5:04	
6	Tue	2:28	5.8	1:28	6.3	7:38	2.7	8:16	-0.7	7:24	5:05	
7	Wed	3:11	5.9	2:23	5.5	8:42	2.6	8:54	0.0	7:24	5:06	
8	Thu	3:54	5.9	3:23	4.8	9:49	2.4	9:31	0.8	7:24	5:07	
9	Fri	4:36	6.0	4:34	4.2	11:02	2.1	10:07	1.5	7:24	5:08	
10	Sat	5:20	6.0	5:59	3.8			12:17	1.8	7:24	5:09	
11	Sun	6:04	6.1	7:23	3.8			1:23	1.3	7:24	5:10	
12	Mon	6:48	6.1	8:37	4.0			2:18	0.9	7:23	5:11	
13	Tue	7:32	6.2	9:39	4.2	12:32	3.2	3:06	0.5	7:23	5:12	
14	Wed	8:16	6.4	10:28	4.5	1:35	3.4	3:48	0.1	7:23	5:13	
15	Thu	8:59	6.5	11:09	4.8	2:35	3.5	4:25	-0.3	7:23	5:14	
16	Fri	9:40	6.6	11:46	5.0	3:28	3.5	5:00	-0.5	7:22	5:15	
17	Sat	10:19	6.7			4:13	3.4	5:31	-0.7	7:22	5:16	
18	Sun	12:22	5.1	10:56 AM	6.7	4:53	3.2	6:02	-0.8	7:21	5:17	
19	Mon	12:56	5.3	11:33 AM	6.5	5:33	3.1	6:31	-0.8	7:21	5:18	
20	Tue	1:29	5.4	12:10	6.3	6:14	2.9	7:01	-0.6	7:20	5:19	
21	Wed	2:00	5.5	12:51	6.0	6:58	2.7	7:31	-0.3	7:20	5:20	
22	Thu	2:30	5.7	1:38	5.5	7:47	2.4	8:03	0.2	7:19	5:21	
23	Fri	3:01	5.9	2:33	5.0	8:42	2.1	8:38	0.8	7:19	5:22	
24	Sat	3:34	6.0	3:41	4.5	9:43	1.7	9:16	1.5	7:18	5:23	
25	Sun	4:13	6.2	5:12	4.1	10:55	1.3	10:00	2.2	7:18	5:24	
26	Mon	5:01	6.4	6:53	4.0			12:14	0.8	7:17	5:26	
27	Tue	5:59	6.7	8:18	4.3			1:29	0.2	7:16	5:27	
28	Wed	7:01	6.9	9:27	4.7	12:08	3.2	2:35	-0.4	7:15	5:28	
29	Thu	8:03	7.1	10:22	5.0	1:29	3.4	3:33	-1.0	7:15	5:29	
30	Fri	9:03	7.3	11:08	5.4	2:47	3.3	4:24	-1.3	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	9:59	7.4	11:50	5.6	3:54	3.0	5:09	-1.5	7:13	5:31	