

Oakland - Middle Harbor, CA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:08	5.5	10:55 AM	7.1	4:57	2.5	5:50	-1.0	7:24	5:00	●
2	Fri	12:51	5.6	11:38 AM	6.8	5:46	2.5	6:30	-0.8	7:24	5:01	●
3	Sat	1:31	5.6	12:21	6.5	6:34	2.4	7:08	-0.6	7:25	5:02	●
4	Sun	2:09	5.6	1:03	6.0	7:22	2.4	7:45	-0.3	7:25	5:03	●
5	Mon	2:45	5.6	1:46	5.5	8:12	2.4	8:22	0.2	7:25	5:04	◐
6	Tue	3:21	5.6	2:34	5.0	9:07	2.3	9:00	0.6	7:25	5:04	◑
7	Wed	3:57	5.6	3:29	4.4	10:09	2.2	9:41	1.2	7:25	5:05	◒
8	Thu	4:36	5.6	4:40	4.0	11:16	2.0	10:27	1.7	7:25	5:06	◓
9	Fri	5:18	5.7	6:10	3.7			12:24	1.6	7:25	5:07	◔
10	Sat	6:02	5.8	7:45	3.8			1:24	1.2	7:24	5:08	◕
11	Sun	6:49	6.0	8:59	4.1	12:23	2.5	2:15	0.8	7:24	5:09	◖
12	Mon	7:35	6.2	9:53	4.4	1:24	2.7	2:59	0.4	7:24	5:10	◗
13	Tue	8:21	6.5	10:36	4.7	2:18	2.8	3:38	0.0	7:24	5:11	◘
14	Wed	9:05	6.7	11:15	4.9	3:07	2.8	4:15	-0.4	7:24	5:12	◙
15	Thu	9:49	6.9	11:51	5.2	3:51	2.7	4:52	-0.7	7:23	5:13	◚
16	Fri	10:33	7.0			4:35	2.5	5:28	-0.9	7:23	5:14	◛
17	Sat	12:26	5.4	11:17 AM	7.0	5:19	2.3	6:06	-1.0	7:23	5:15	◜
18	Sun	1:02	5.6	12:04	6.8	6:05	2.1	6:44	-0.9	7:22	5:16	◝
19	Mon	1:39	5.8	12:52	6.5	6:55	1.9	7:24	-0.6	7:22	5:17	◞
20	Tue	2:17	6.0	1:45	6.0	7:49	1.7	8:05	-0.1	7:21	5:18	◟
21	Wed	2:58	6.2	2:45	5.4	8:49	1.4	8:50	0.5	7:21	5:19	◠
22	Thu	3:42	6.4	3:56	4.8	9:57	1.2	9:40	1.1	7:20	5:21	◡
23	Fri	4:31	6.5	5:22	4.3	11:12	0.9	10:39	1.7	7:20	5:22	◢
24	Sat	5:25	6.6	6:59	4.2			12:28	0.6	7:19	5:23	◣
25	Sun	6:23	6.7	8:25	4.5			1:38	0.2	7:18	5:24	◤
26	Mon	7:23	6.8	9:31	4.8	1:02	2.5	2:38	-0.2	7:18	5:25	◥
27	Tue	8:19	6.9	10:24	5.1	2:11	2.6	3:29	-0.5	7:17	5:26	◦
28	Wed	9:12	6.9	11:08	5.4	3:11	2.5	4:15	-0.6	7:16	5:27	◧
29	Thu	10:00	6.8	11:48	5.5	4:03	2.4	4:55	-0.6	7:16	5:28	◨
30	Fri	10:45	6.7			4:51	2.2	5:32	-0.6	7:15	5:29	◩

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	12:23	5.6	11:27 AM	6.5	5:35	2.1	6:07	-0.4	7:14	5:31	