

Oakland - Middle Harbor, CA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:27	6.0	4:13	5.6	9:08	-0.5	9:38	2.2	5:51	8:35	
2	Fri	3:20	5.5	4:55	5.9	9:50	-0.1	10:43	1.9	5:51	8:35	
3	Sat	4:23	5.0	5:39	6.1	10:37	0.4	11:55	1.6	5:52	8:35	
4	Sun	5:39	4.5	6:27	6.4	11:30	1.0			5:52	8:34	
5	Mon	7:08	4.2	7:17	6.7	1:08	1.1	12:28	1.5	5:53	8:34	
6	Tue	8:39	4.2	8:09	6.9	2:15	0.5	1:32	2.0	5:53	8:34	
7	Wed	9:58	4.5	9:02	7.2	3:16	-0.1	2:36	2.3	5:54	8:34	
8	Thu	11:02	4.8	9:54	7.3	4:10	-0.5	3:37	2.4	5:54	8:33	
9	Fri	11:56	5.1	10:44	7.4	5:00	-0.9	4:35	2.5	5:55	8:33	
10	Sat			12:44	5.3	5:46	-1.0	5:29	2.4	5:56	8:33	
11	Sun			1:29	5.5	6:30	-1.0	6:22	2.4	5:56	8:32	
12	Mon	12:20	7.0	2:10	5.6	7:12	-0.9	7:13	2.3	5:57	8:32	
13	Tue	1:06	6.7	2:49	5.7	7:52	-0.7	8:03	2.2	5:58	8:31	
14	Wed	1:52	6.3	3:27	5.7	8:31	-0.4	8:55	2.2	5:58	8:31	
15	Thu	2:38	5.7	4:04	5.7	9:09	0.1	9:50	2.1	5:59	8:30	
16	Fri	3:26	5.2	4:40	5.7	9:48	0.6	10:49	2.0	6:00	8:30	
17	Sat	4:21	4.6	5:18	5.8	10:29	1.1	11:53	1.8	6:01	8:29	
18	Sun	5:27	4.2	5:59	5.8	11:14	1.6			6:01	8:29	
19	Mon	6:51	3.9	6:43	5.9	12:59	1.6	12:07	2.1	6:02	8:28	
20	Tue	8:23	3.9	7:30	6.0	2:02	1.3	1:07	2.5	6:03	8:27	
21	Wed	9:42	4.1	8:18	6.2	2:57	0.9	2:08	2.7	6:04	8:27	
22	Thu	10:39	4.3	9:04	6.4	3:44	0.6	3:03	2.8	6:04	8:26	
23	Fri	11:23	4.6	9:49	6.6	4:25	0.2	3:52	2.8	6:05	8:25	
24	Sat			12:01	4.8	5:03	-0.1	4:37	2.7	6:06	8:25	
25	Sun			12:36	5.1	5:38	-0.3	5:19	2.6	6:07	8:24	
26	Mon			1:09	5.3	6:13	-0.5	6:02	2.4	6:08	8:23	
27	Tue	12:00	6.8	1:43	5.5	6:49	-0.6	6:46	2.2	6:08	8:22	
28	Wed	12:45	6.7	2:17	5.7	7:25	-0.5	7:32	2.0	6:09	8:21	
29	Thu	1:32	6.5	2:53	6.0	8:02	-0.3	8:23	1.7	6:10	8:20	
30	Fri	2:22	6.1	3:31	6.2	8:42	0.0	9:18	1.5	6:11	8:19	
31	Sat	3:18	5.6	4:12	6.4	9:24	0.5	10:21	1.3	6:12	8:19	