

Oakland - Middle Harbor, CA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:12	5.9	8:16	5.0	1:25	0.8	2:26	1.4	6:35	5:10	
2	Tue	8:50	6.1	9:16	5.0	2:13	1.1	3:13	0.9	6:36	5:09	
3	Wed	9:22	6.2	10:08	5.0	2:56	1.3	3:53	0.6	6:37	5:08	
4	Thu	9:51	6.2	10:56	5.1	3:35	1.6	4:29	0.3	6:38	5:07	
5	Fri	10:19	6.3	11:40	5.1	4:11	1.9	5:02	0.1	6:39	5:06	
6	Sat	10:46	6.3			4:45	2.2	5:34	0.0	6:40	5:05	
7	Sun	12:22	5.0	11:15 AM	6.3	5:19	2.4	6:05	-0.1	6:41	5:04	
8	Mon	1:03	5.0	11:46 AM	6.3	5:53	2.6	6:38	-0.2	6:42	5:03	
9	Tue	1:44	5.0	12:19	6.1	6:29	2.8	7:13	-0.2	6:43	5:02	
10	Wed	2:27	4.9	12:55	6.0	7:08	2.9	7:51	-0.1	6:44	5:01	
11	Thu	3:12	4.9	1:36	5.7	7:54	3.0	8:34	0.0	6:45	5:01	
12	Fri	4:01	4.9	2:24	5.5	8:50	3.0	9:22	0.2	6:46	5:00	
13	Sat	4:52	5.0	3:23	5.1	10:01	3.0	10:16	0.4	6:48	4:59	
14	Sun	5:42	5.1	4:34	4.9	11:19	2.7	11:13	0.6	6:49	4:58	
15	Mon	6:28	5.4	5:55	4.7			12:29	2.2	6:50	4:57	
16	Tue	7:11	5.8	7:15	4.7	12:11	0.8	1:28	1.5	6:51	4:57	
17	Wed	7:52	6.2	8:28	4.9	1:07	1.0	2:20	0.8	6:52	4:56	
18	Thu	8:32	6.7	9:34	5.1	1:59	1.3	3:08	0.0	6:53	4:55	
19	Fri	9:13	7.1	10:35	5.3	2:50	1.5	3:56	-0.6	6:54	4:55	
20	Sat	9:55	7.4	11:32	5.5	3:39	1.8	4:43	-1.1	6:55	4:54	
21	Sun	10:40	7.5			4:28	2.0	5:31	-1.4	6:56	4:54	
22	Mon	12:27	5.6	11:26 AM	7.5	5:19	2.2	6:19	-1.5	6:57	4:53	
23	Tue	1:20	5.6	12:14	7.3	6:12	2.4	7:08	-1.3	6:58	4:53	
24	Wed	2:13	5.6	1:05	6.9	7:09	2.5	7:58	-1.0	6:59	4:52	
25	Thu	3:07	5.6	1:59	6.4	8:12	2.6	8:50	-0.6	7:00	4:52	
26	Fri	4:02	5.6	2:57	5.7	9:24	2.5	9:44	-0.1	7:01	4:52	
27	Sat	4:56	5.6	4:04	5.1	10:43	2.4	10:41	0.4	7:02	4:51	
28	Sun	5:50	5.7	5:20	4.6			12:00	2.1	7:03	4:51	
29	Mon	6:39	5.9	6:42	4.4			1:08	1.6	7:04	4:51	
30	Tue	7:23	6.0	8:01	4.3	12:35	1.3	2:05	1.2	7:05	4:50	