

Oakland - Middle Harbor, CA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:44	5.6	4:16	4.4	10:50	2.2	10:25	1.1	7:24	5:01	
2	Mon	5:29	5.9	5:44	4.1			12:00	1.7	7:25	5:01	
3	Tue	6:16	6.2	7:16	4.1			1:05	1.1	7:25	5:02	
4	Wed	7:05	6.5	8:36	4.4	12:24	1.9	2:02	0.4	7:25	5:03	
5	Thu	7:54	6.9	9:43	4.8	1:26	2.1	2:55	-0.2	7:25	5:04	
6	Fri	8:44	7.2	10:39	5.1	2:26	2.3	3:44	-0.8	7:25	5:05	
7	Sat	9:34	7.5	11:29	5.4	3:22	2.3	4:32	-1.2	7:25	5:06	
8	Sun	10:25	7.6			4:17	2.3	5:19	-1.4	7:25	5:07	
9	Mon	12:16	5.7	11:15 AM	7.5	5:11	2.2	6:05	-1.4	7:24	5:08	
10	Tue	1:02	5.9	12:06	7.3	6:06	2.1	6:51	-1.3	7:24	5:09	
11	Wed	1:46	6.0	12:58	6.8	7:02	2.0	7:36	-0.9	7:24	5:10	
12	Thu	2:31	6.1	1:52	6.2	8:01	1.9	8:22	-0.4	7:24	5:11	
13	Fri	3:16	6.1	2:49	5.5	9:04	1.8	9:09	0.2	7:24	5:12	
14	Sat	4:03	6.1	3:55	4.9	10:14	1.7	10:00	0.8	7:23	5:13	
15	Sun	4:52	6.1	5:13	4.4	11:28	1.5	10:56	1.4	7:23	5:14	
16	Mon	5:42	6.1	6:44	4.1			12:39	1.2	7:23	5:15	
17	Tue	6:32	6.2	8:11	4.2			1:43	0.9	7:22	5:16	
18	Wed	7:21	6.2	9:19	4.5	1:02	2.3	2:37	0.5	7:22	5:17	
19	Thu	8:07	6.3	10:12	4.7	2:01	2.5	3:22	0.2	7:21	5:18	
20	Fri	8:49	6.4	10:54	4.9	2:53	2.6	4:02	0.0	7:21	5:19	
21	Sat	9:29	6.4	11:31	5.0	3:38	2.6	4:37	-0.1	7:21	5:20	
22	Sun	10:07	6.5			4:19	2.6	5:09	-0.2	7:20	5:21	
23	Mon	12:03	5.1	10:44 AM	6.4	4:57	2.5	5:39	-0.3	7:19	5:22	
24	Tue	12:33	5.2	11:21 AM	6.4	5:33	2.4	6:09	-0.3	7:19	5:23	
25	Wed	1:03	5.3	11:57 AM	6.2	6:08	2.3	6:38	-0.2	7:18	5:24	
26	Thu	1:32	5.4	12:35	6.0	6:46	2.2	7:09	-0.1	7:17	5:26	
27	Fri	2:03	5.5	1:15	5.7	7:26	2.1	7:42	0.1	7:17	5:27	
28	Sat	2:36	5.6	2:00	5.3	8:12	1.9	8:19	0.5	7:16	5:28	
29	Sun	3:12	5.8	2:54	4.8	9:05	1.8	8:59	1.0	7:15	5:29	
30	Mon	3:52	5.9	4:04	4.4	10:08	1.5	9:47	1.5	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	4:38	6.0	5:33	4.1	11:18	1.2	10:46	1.9	7:14	5:31	