






























## Oakland - Middle Harbor, CA - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:56	6.5	3:58	5.5	8:49	-0.9	8:58	2.6	5:51	8:35	
2	Wed	2:47	6.2	4:43	5.6	9:34	-0.7	10:02	2.4	5:51	8:35	
3	Thu	3:44	5.7	5:29	5.8	10:23	-0.3	11:14	2.1	5:52	8:35	
4	Fri	4:52	5.1	6:17	6.1	11:15	0.2			5:52	8:34	
5	Sat	6:12	4.7	7:06	6.4	12:31	1.7	12:11	0.8	5:53	8:34	
6	Sun	7:40	4.4	7:55	6.7	1:44	1.1	1:10	1.3	5:53	8:34	
7	Mon	9:06	4.4	8:44	6.9	2:48	0.5	2:11	1.7	5:54	8:34	
8	Tue	10:20	4.7	9:32	7.1	3:45	0.0	3:09	2.1	5:54	8:33	
9	Wed	11:23	5.0	10:19	7.2	4:36	-0.5	4:05	2.3	5:55	8:33	
10	Thu			12:17	5.2	5:23	-0.7	4:59	2.4	5:56	8:33	
11	Fri			1:06	5.4	6:07	-0.9	5:49	2.5	5:56	8:32	
12	Sat			1:51	5.5	6:49	-0.9	6:39	2.6	5:57	8:32	
13	Sun	12:31	6.9	2:32	5.5	7:29	-0.8	7:27	2.6	5:58	8:31	
14	Mon	1:13	6.6	3:12	5.5	8:07	-0.6	8:15	2.6	5:58	8:31	
15	Tue	1:55	6.2	3:49	5.5	8:45	-0.3	9:04	2.5	5:59	8:30	
16	Wed	2:37	5.7	4:26	5.5	9:23	0.1	9:57	2.5	6:00	8:30	
17	Thu	3:22	5.2	5:03	5.5	10:01	0.5	10:57	2.4	6:01	8:29	
18	Fri	4:14	4.7	5:41	5.5	10:42	0.9			6:01	8:29	
19	Sat	5:17	4.3	6:22	5.7	12:01	2.2	11:27 AM	1.4	6:02	8:28	
20	Sun	6:37	4.0	7:04	5.8	1:07	1.9	12:19	1.9	6:03	8:27	
21	Mon	8:07	3.9	7:48	6.0	2:07	1.5	1:15	2.2	6:04	8:27	
22	Tue	9:28	4.1	8:32	6.2	2:59	1.0	2:12	2.5	6:04	8:26	
23	Wed	10:31	4.3	9:16	6.5	3:45	0.6	3:05	2.7	6:05	8:25	
24	Thu	11:21	4.6	9:59	6.7	4:26	0.2	3:54	2.8	6:06	8:25	
25	Fri			12:04	4.9	5:05	-0.2	4:40	2.7	6:07	8:24	
26	Sat			12:44	5.1	5:44	-0.6	5:24	2.7	6:08	8:23	
27	Sun			1:22	5.4	6:23	-0.8	6:10	2.5	6:08	8:22	
28	Mon	12:13	7.1	2:01	5.6	7:03	-0.9	6:57	2.3	6:09	8:21	
29	Tue	1:00	7.0	2:40	5.7	7:44	-0.9	7:48	2.1	6:10	8:20	
30	Wed	1:49	6.7	3:20	5.9	8:27	-0.6	8:43	1.9	6:11	8:19	
31	Thu	2:43	6.3	4:02	6.1	9:10	-0.2	9:44	1.7	6:12	8:18	