











Oakland - Middle Harbor, CA - Jul 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:43	5.0	5:55	5.2	10:39	0.3	11:42	2.7	5:50	8:35	
2	Sat	4:40	4.6	6:32	5.4	11:22	0.7			5:51	8:35	
3	Sun	5:52	4.2	7:09	5.7	12:50	2.3	12:09	1.1	5:51	8:35	
4	Mon	7:19	3.9	7:47	6.0	1:50	1.8	12:59	1.5	5:52	8:35	
5	Tue	8:48	4.0	8:26	6.4	2:43	1.2	1:51	2.0	5:52	8:34	
6	Wed	10:07	4.2	9:07	6.7	3:31	0.5	2:44	2.3	5:53	8:34	
7	Thu	11:12	4.5	9:50	7.1	4:16	-0.1	3:37	2.6	5:53	8:34	
8	Fri			12:08	4.9	5:02	-0.7	4:29	2.8	5:54	8:34	
9	Sat			12:59	5.1	5:48	-1.2	5:20	2.8	5:55	8:33	
10	Sun			1:46	5.3	6:34	-1.5	6:13	2.8	5:55	8:33	
11	Mon	12:15	7.6	2:32	5.5	7:22	-1.6	7:08	2.7	5:56	8:33	
12	Tue	1:07	7.4	3:17	5.6	8:10	-1.5	8:07	2.6	5:57	8:32	
13	Wed	2:00	7.1	4:02	5.8	8:57	-1.2	9:10	2.4	5:57	8:32	
14	Thu	2:57	6.5	4:48	5.9	9:46	-0.7	10:20	2.2	5:58	8:31	
15	Fri	3:59	5.8	5:34	6.1	10:35	-0.1	11:35	1.8	5:59	8:31	
16	Sat	5:11	5.1	6:22	6.3	11:26	0.6			5:59	8:30	
17	Sun	6:34	4.5	7:10	6.5	12:51	1.4	12:21	1.2	6:00	8:30	
18	Mon	8:07	4.3	7:57	6.6	2:02	0.9	1:20	1.9	6:01	8:29	
19	Tue	9:35	4.4	8:44	6.7	3:04	0.5	2:20	2.3	6:02	8:29	
20	Wed	10:46	4.6	9:28	6.7	3:58	0.1	3:17	2.7	6:02	8:28	
21	Thu	11:43	4.9	10:10	6.7	4:44	-0.2	4:11	2.9	6:03	8:27	
22	Fri			12:30	5.0	5:26	-0.3	4:59	3.0	6:04	8:27	
23	Sat			1:11	5.1	6:03	-0.4	5:42	3.0	6:05	8:26	
24	Sun			1:47	5.2	6:38	-0.4	6:22	3.0	6:05	8:25	
25	Mon	12:06	6.6	2:19	5.2	7:11	-0.4	7:00	2.9	6:06	8:24	
26	Tue	12:42	6.4	2:49	5.2	7:44	-0.3	7:37	2.9	6:07	8:24	
27	Wed	1:19	6.2	3:17	5.2	8:15	-0.2	8:17	2.8	6:08	8:23	
28	Thu	1:56	5.9	3:46	5.3	8:47	0.0	8:59	2.6	6:09	8:22	
29	Fri	2:36	5.5	4:17	5.4	9:19	0.3	9:48	2.5	6:10	8:21	
30	Sat	3:21	5.1	4:49	5.5	9:54	0.7	10:44	2.3	6:10	8:20	
31	Sun	4:16	4.6	5:25	5.7	10:32	1.2	11:48	2.0	6:11	8:19	