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# Oakland - Middle Harbor, CA - Mar 1986

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 2:46 | 6.4 | 3:57 | 4.4 | 9:25 | 0.4 | 8:57 | 2.1 | 6:40 | 6:02 | |
| 2 | Sun | 3:30 | 6.4 | 5:35 | 4.1 | 10:35 | 0.2 | 9:53 | 2.7 | 6:39 | 6:03 | |
| 3 | Mon | 4:24 | 6.4 | 7:24 | 4.2 | 11:53 | 0.0 | 11:15 | 3.1 | 6:37 | 6:04 | |
| 4 | Tue | 5:31 | 6.3 | 8:44 | 4.6 | | | 1:11 | -0.2 | 6:36 | 6:05 | |
| 5 | Wed | 6:45 | 6.3 | 9:37 | 4.9 | 12:52 | 3.2 | 2:18 | -0.5 | 6:34 | 6:06 | |
| 6 | Thu | 7:55 | 6.4 | 10:18 | 5.2 | 2:10 | 3.0 | 3:13 | -0.6 | 6:33 | 6:07 | |
| 7 | Fri | 8:57 | 6.5 | 10:55 | 5.4 | 3:11 | 2.6 | 4:00 | -0.7 | 6:32 | 6:08 | |
| 8 | Sat | 9:52 | 6.5 | 11:28 | 5.6 | 4:03 | 2.1 | 4:41 | -0.7 | 6:30 | 6:09 | |
| 9 | Sun | 10:42 | 6.3 | 11:59 | 5.7 | 4:49 | 1.7 | 5:18 | -0.5 | 6:29 | 6:10 | |
| 10 | Mon | 11:29 | 6.1 | | | 5:32 | 1.4 | 5:51 | -0.1 | 6:27 | 6:11 | |
| 11 | Tue | 12:27 | 5.7 | 12:14 | 5.7 | 6:13 | 1.1 | 6:23 | 0.3 | 6:26 | 6:12 | |
| 12 | Wed | 12:53 | 5.8 | 12:59 | 5.3 | 6:52 | 0.9 | 6:54 | 0.8 | 6:24 | 6:13 | |
| 13 | Thu | 1:18 | 5.8 | 1:46 | 4.9 | 7:32 | 0.7 | 7:25 | 1.4 | 6:23 | 6:14 | |
| 14 | Fri | 1:42 | 5.8 | 2:38 | 4.5 | 8:13 | 0.7 | 7:56 | 1.9 | 6:21 | 6:15 | |
| 15 | Sat | 2:09 | 5.7 | 3:40 | 4.1 | 8:58 | 0.6 | 8:31 | 2.5 | 6:20 | 6:16 | |
| 16 | Sun | 2:41 | 5.6 | 5:04 | 3.9 | 9:51 | 0.7 | 9:14 | 3.0 | 6:18 | 6:17 | |
| 17 | Mon | 3:21 | 5.5 | 6:59 | 3.9 | 10:55 | 0.7 | 10:26 | 3.3 | 6:17 | 6:18 | |
| 18 | Tue | 4:16 | 5.3 | 8:23 | 4.2 | | | 12:09 | 0.7 | 6:15 | 6:19 | |
| 19 | Wed | 5:24 | 5.2 | 9:07 | 4.4 | 12:10 | 3.4 | 1:17 | 0.5 | 6:14 | 6:20 | |
| 20 | Thu | 6:36 | 5.3 | 9:37 | 4.6 | 1:27 | 3.2 | 2:13 | 0.2 | 6:12 | 6:21 | |
| 21 | Fri | 7:41 | 5.5 | 10:04 | 4.8 | 2:21 | 2.9 | 2:58 | -0.1 | 6:11 | 6:21 | |
| 22 | Sat | 8:37 | 5.7 | 10:29 | 5.0 | 3:04 | 2.5 | 3:36 | -0.3 | 6:09 | 6:22 | |
| 23 | Sun | 9:28 | 5.9 | 10:54 | 5.3 | 3:43 | 2.0 | 4:11 | -0.3 | 6:08 | 6:23 | |
| 24 | Mon | 10:17 | 6.0 | 11:20 | 5.6 | 4:22 | 1.5 | 4:44 | -0.2 | 6:06 | 6:24 | |
| 25 | Tue | 11:07 | 5.9 | 11:48 | 5.9 | 5:02 | 1.0 | 5:18 | 0.0 | 6:04 | 6:25 | |
| 26 | Wed | 11:58 | 5.8 | | | 5:44 | 0.4 | 5:52 | 0.5 | 6:03 | 6:26 | |
| 27 | Thu | 12:17 | 6.2 | 12:53 | 5.5 | 6:28 | -0.1 | 6:28 | 1.0 | 6:01 | 6:27 | |
| 28 | Fri | 12:48 | 6.5 | 1:52 | 5.1 | 7:16 | -0.4 | 7:07 | 1.6 | 6:00 | 6:28 | |
| 29 | Sat | 1:24 | 6.6 | 2:58 | 4.8 | 8:08 | -0.6 | 7:50 | 2.2 | 5:58 | 6:29 | |
| 30 | Sun | 2:05 | 6.6 | 4:17 | 4.5 | 9:07 | -0.6 | 8:42 | 2.7 | 5:57 | 6:30 | |
| 31 | Mon | 2:55 | 6.4 | 5:48 | 4.4 | 10:15 | -0.5 | 9:55 | 3.1 | 5:55 | 6:31 | |