





Oakland - Middle Harbor, CA - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:40	4.9	12:36	6.3	6:49	3.4	7:50	-0.6	7:06	4:50	☀
2	Sat	3:23	4.9	1:20	6.0	7:38	3.3	8:33	-0.5	7:07	4:50	☀
3	Sun	4:06	5.0	2:10	5.7	8:38	3.3	9:20	-0.3	7:08	4:50	☀
4	Mon	4:49	5.1	3:11	5.2	9:53	3.0	10:09	0.0	7:09	4:50	☀
5	Tue	5:30	5.4	4:27	4.7	11:13	2.6	11:01	0.5	7:09	4:50	☀
6	Wed	6:09	5.8	5:56	4.4			12:27	1.9	7:10	4:50	☀
7	Thu	6:49	6.2	7:28	4.3			1:29	1.1	7:11	4:50	☀
8	Fri	7:28	6.7	8:52	4.5	12:49	1.5	2:24	0.2	7:12	4:50	☀
9	Sat	8:09	7.1	10:03	4.8	1:43	2.0	3:15	-0.5	7:13	4:50	☀
10	Sun	8:52	7.4	11:05	5.1	2:37	2.4	4:03	-1.1	7:14	4:50	☀
11	Mon	9:37	7.6			3:30	2.7	4:51	-1.5	7:14	4:50	☀
12	Tue	12:01	5.3	10:24 AM	7.7	4:23	2.9	5:39	-1.6	7:15	4:50	☀
13	Wed	12:52	5.4	11:13 AM	7.6	5:16	3.0	6:26	-1.6	7:16	4:51	☀
14	Thu	1:41	5.4	12:02	7.3	6:11	3.0	7:13	-1.4	7:17	4:51	☀
15	Fri	2:29	5.4	12:51	6.8	7:08	2.9	8:00	-1.0	7:17	4:51	☀
16	Sat	3:15	5.4	1:42	6.2	8:09	2.9	8:45	-0.5	7:18	4:51	☀
17	Sun	4:01	5.4	2:36	5.5	9:16	2.7	9:31	0.0	7:19	4:52	☀
18	Mon	4:45	5.5	3:36	4.8	10:29	2.5	10:17	0.6	7:19	4:52	☀
19	Tue	5:28	5.6	4:51	4.2	11:43	2.2	11:05	1.2	7:20	4:53	☀
20	Wed	6:07	5.7	6:22	3.9			12:50	1.7	7:20	4:53	☀
21	Thu	6:45	5.9	7:59	3.8			1:48	1.2	7:21	4:54	☀
22	Fri	7:20	6.0	9:20	4.1	12:48	2.3	2:37	0.7	7:21	4:54	☀
23	Sat	7:56	6.2	10:21	4.4	1:41	2.7	3:19	0.3	7:22	4:55	☀
24	Sun	8:32	6.4	11:09	4.6	2:31	3.0	3:57	-0.1	7:22	4:55	☀
25	Mon	9:09	6.5	11:50	4.8	3:17	3.2	4:33	-0.3	7:23	4:56	☀
26	Tue	9:47	6.6			3:59	3.3	5:08	-0.6	7:23	4:56	☀
27	Wed	12:26	4.9	10:26 AM	6.7	4:39	3.3	5:42	-0.7	7:23	4:57	☀
28	Thu	1:00	5.0	11:05 AM	6.7	5:17	3.2	6:17	-0.9	7:24	4:58	☀
29	Fri	1:34	5.1	11:45 AM	6.6	5:56	3.1	6:52	-0.9	7:24	4:58	☀
30	Sat	2:08	5.1	12:26	6.5	6:39	3.0	7:29	-0.8	7:24	4:59	☀

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	2:41	5.2	1:11	6.1	7:28	2.9	8:03	-0.6	7:24	5:00	