



































Oakland - Middle Harbor, CA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:10	5.4	2:01	5.6	8:21	2.5	8:42	-0.1	7:24	5:01	
2	Tue	3:46	5.7	3:01	5.0	9:26	2.2	9:24	0.4	7:25	5:02	
3	Wed	4:25	6.0	4:18	4.4	10:38	1.8	10:11	1.1	7:25	5:02	
4	Thu	5:07	6.3	5:56	4.0	11:54	1.2	11:05	1.8	7:25	5:03	
5	Fri	5:53	6.6	7:41	4.0			1:05	0.5	7:25	5:04	
6	Sat	6:44	6.9	9:08	4.4	12:08	2.4	2:08	-0.1	7:25	5:05	
7	Sun	7:38	7.1	10:14	4.8	1:16	2.8	3:05	-0.7	7:25	5:06	
8	Mon	8:32	7.3	11:06	5.1	2:23	3.0	3:56	-1.1	7:25	5:07	
9	Tue	9:25	7.4	11:52	5.3	3:24	3.0	4:44	-1.3	7:24	5:08	
10	Wed	10:17	7.4			4:20	2.9	5:29	-1.3	7:24	5:09	
11	Thu	12:34	5.5	11:06 AM	7.2	5:14	2.7	6:11	-1.2	7:24	5:10	
12	Fri	1:14	5.6	11:54 AM	6.9	6:05	2.5	6:51	-1.0	7:24	5:11	
13	Sat	1:51	5.6	12:40	6.4	6:56	2.4	7:29	-0.6	7:24	5:12	
14	Sun	2:27	5.7	1:26	5.9	7:48	2.2	8:05	-0.1	7:23	5:13	
15	Mon	3:02	5.7	2:15	5.2	8:43	2.1	8:40	0.5	7:23	5:14	
16	Tue	3:36	5.7	3:10	4.5	9:42	1.9	9:17	1.1	7:23	5:15	
17	Wed	4:10	5.8	4:20	4.0	10:47	1.7	9:57	1.8	7:22	5:16	
18	Thu	4:47	5.8	5:57	3.7	11:55	1.4	10:45	2.4	7:22	5:17	
19	Fri	5:29	5.9	7:55	3.7			1:00	1.1	7:21	5:18	
20	Sat	6:15	6.0	9:20	4.1			1:58	0.7	7:21	5:19	
21	Sun	7:05	6.1	10:12	4.4	1:01	3.2	2:48	0.3	7:20	5:20	
22	Mon	7:55	6.3	10:50	4.6	2:05	3.3	3:31	0.0	7:20	5:21	
23	Tue	8:43	6.4	11:22	4.8	2:57	3.3	4:09	-0.3	7:19	5:22	
24	Wed	9:28	6.6	11:52	5.0	3:41	3.1	4:45	-0.6	7:19	5:23	
25	Thu	10:11	6.8			4:21	2.9	5:18	-0.8	7:18	5:24	
26	Fri	12:20	5.1	10:53 AM	6.8	5:00	2.7	5:51	-0.9	7:17	5:26	
27	Sat	12:49	5.3	11:35 AM	6.7	5:41	2.4	6:24	-0.8	7:17	5:27	
28	Sun	1:18	5.5	12:20	6.4	6:24	2.1	6:58	-0.6	7:16	5:28	
29	Mon	1:48	5.7	1:08	6.0	7:12	1.8	7:33	-0.2	7:15	5:29	
30	Tue	2:19	6.0	2:01	5.4	8:04	1.5	8:10	0.4	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	2:54	6.2	3:05	4.8	9:04	1.2	8:49	1.1	7:14	5:31	