

















Oakland - Middle Harbor, CA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:38	3.8	7:55	6.1	2:23	1.0	1:21	2.3	5:51	8:35	
2	Mon	10:04	4.0	8:35	6.2	3:17	0.6	2:18	2.7	5:51	8:35	
3	Tue	11:09	4.3	9:15	6.4	4:04	0.2	3:12	3.0	5:51	8:35	
4	Wed	11:59	4.5	9:55	6.5	4:45	-0.1	4:02	3.2	5:52	8:34	
5	Thu			12:39	4.7	5:23	-0.3	4:47	3.2	5:53	8:34	
6	Fri			1:15	4.8	5:59	-0.5	5:28	3.2	5:53	8:34	
7	Sat			1:47	4.9	6:33	-0.6	6:06	3.1	5:54	8:34	
8	Sun			2:17	5.0	7:06	-0.7	6:45	3.0	5:54	8:34	
9	Mon	12:33	6.5	2:47	5.1	7:38	-0.7	7:26	2.9	5:55	8:33	
10	Tue	1:13	6.4	3:17	5.2	8:11	-0.7	8:10	2.7	5:56	8:33	
11	Wed	1:55	6.1	3:48	5.4	8:45	-0.5	9:00	2.5	5:56	8:33	
12	Thu	2:41	5.6	4:21	5.7	9:20	-0.1	9:58	2.2	5:57	8:32	
13	Fri	3:35	5.1	4:55	5.9	9:58	0.4	11:02	1.8	5:57	8:32	
14	Sat	4:43	4.5	5:34	6.2	10:40	1.1			5:58	8:31	
15	Sun	6:11	4.1	6:18	6.5	12:13	1.3	11:29 AM	1.7	5:59	8:31	
16	Mon	7:54	4.0	7:07	6.8	1:24	0.7	12:27	2.3	6:00	8:30	
17	Tue	9:30	4.2	8:02	7.1	2:31	0.1	1:34	2.8	6:00	8:30	
18	Wed	10:43	4.5	8:59	7.3	3:32	-0.4	2:44	3.0	6:01	8:29	
19	Thu	11:39	4.9	9:56	7.5	4:27	-0.9	3:49	3.0	6:02	8:28	
20	Fri			12:26	5.2	5:18	-1.1	4:48	2.9	6:03	8:28	
21	Sat			1:09	5.4	6:05	-1.3	5:45	2.7	6:03	8:27	
22	Sun			1:49	5.6	6:49	-1.2	6:39	2.5	6:04	8:26	
23	Mon	12:34	7.2	2:27	5.7	7:31	-1.0	7:32	2.2	6:05	8:26	
24	Tue	1:24	6.7	3:04	5.8	8:10	-0.6	8:26	2.1	6:06	8:25	
25	Wed	2:13	6.1	3:39	5.9	8:48	-0.1	9:22	1.9	6:07	8:24	
26	Thu	3:04	5.5	4:14	6.0	9:25	0.5	10:20	1.7	6:07	8:23	
27	Fri	4:01	4.8	4:50	6.0	10:03	1.1	11:23	1.6	6:08	8:22	
28	Sat	5:09	4.3	5:28	6.0	10:44	1.8			6:09	8:22	
29	Sun	6:39	3.9	6:10	6.0	12:30	1.4	11:33 AM	2.4	6:10	8:21	
30	Mon	8:30	3.9	6:57	6.1	1:36	1.1	12:36	2.9	6:11	8:20	
31	Tue	9:58	4.2	7:48	6.1	2:38	0.8	1:48	3.2	6:11	8:19	