










Oakland - Middle Harbor, CA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:54	4.5	8:40	6.3	3:31	0.5	2:52	3.3	6:12	8:18	
2	Thu	11:35	4.7	9:29	6.4	4:17	0.2	3:45	3.3	6:13	8:17	
3	Fri			12:07	4.8	4:57	0.0	4:30	3.1	6:14	8:16	
4	Sat			12:37	5.0	5:33	-0.3	5:10	3.0	6:15	8:15	
5	Sun			1:04	5.1	6:05	-0.4	5:48	2.8	6:16	8:14	
6	Mon			1:31	5.3	6:37	-0.5	6:26	2.5	6:17	8:13	
7	Tue	12:20	6.6	1:58	5.5	7:08	-0.4	7:07	2.2	6:17	8:12	
8	Wed	1:03	6.4	2:26	5.7	7:39	-0.2	7:51	1.9	6:18	8:11	
9	Thu	1:49	6.0	2:55	6.0	8:12	0.1	8:39	1.6	6:19	8:09	
10	Fri	2:40	5.6	3:27	6.2	8:46	0.7	9:34	1.3	6:20	8:08	
11	Sat	3:39	5.0	4:04	6.5	9:24	1.3	10:35	1.0	6:21	8:07	
12	Sun	4:53	4.5	4:46	6.6	10:07	1.9	11:45	0.7	6:22	8:06	
13	Mon	6:26	4.2	5:38	6.7	11:01	2.5			6:23	8:05	
14	Tue	8:10	4.2	6:39	6.8	1:02	0.4	12:11	3.0	6:23	8:03	
15	Wed	9:35	4.5	7:46	6.9	2:15	0.1	1:34	3.2	6:24	8:02	
16	Thu	10:33	4.9	8:51	7.1	3:20	-0.3	2:50	3.1	6:25	8:01	
17	Fri	11:19	5.2	9:52	7.1	4:15	-0.6	3:54	2.8	6:26	8:00	
18	Sat	11:59	5.4	10:47	7.1	5:03	-0.7	4:50	2.5	6:27	7:58	
19	Sun			12:36	5.6	5:46	-0.7	5:41	2.1	6:28	7:57	
20	Mon			1:10	5.8	6:25	-0.5	6:29	1.8	6:29	7:56	
21	Tue	12:28	6.7	1:43	5.9	7:01	-0.2	7:16	1.6	6:30	7:54	
22	Wed	1:15	6.2	2:13	6.0	7:36	0.2	8:02	1.4	6:30	7:53	
23	Thu	2:03	5.7	2:43	6.1	8:09	0.8	8:48	1.2	6:31	7:52	
24	Fri	2:53	5.2	3:12	6.1	8:43	1.4	9:36	1.2	6:32	7:50	
25	Sat	3:48	4.7	3:44	6.0	9:18	2.0	10:29	1.2	6:33	7:49	
26	Sun	4:54	4.3	4:20	5.9	9:57	2.5	11:30	1.1	6:34	7:47	
27	Mon	6:23	4.1	5:05	5.8	10:47	3.0			6:35	7:46	
28	Tue	8:14	4.1	6:01	5.8	12:39	1.1	12:02	3.3	6:36	7:45	
29	Wed	9:33	4.4	7:05	5.8	1:49	0.9	1:30	3.4	6:36	7:43	
30	Thu	10:19	4.6	8:07	5.9	2:49	0.7	2:37	3.3	6:37	7:42	
31	Fri	10:52	4.8	9:03	6.1	3:38	0.4	3:29	3.1	6:38	7:40	